



Adidas Sizing Guide

The information provided here is intended as a general guide based on U.S. standards. Using a tape measure, write down the measurements and compare to the Adidas size chart.

ADIDAS APPAREL	HEIGHT	CHEST	WAIST	HIP	INSEAM
YS (8)	51-55.5"	26.5-27.5"	24.5-25.5"	27.5-29"	23-25.5"
YM (10-12)	55.5-58.5"	27.5-29"	25.5-26.5"	29-30.5"	25.5-27.5"
YL (14-16)	58.5-64"	29-32.5"	26.5-29.5"	30.5-33.5"	27.5-31"
YXL (18-20)	64"-69"	32.5-35"	29.5-32.5"	33.5-36.5"	32.5-35"
Chest: Measurement around body, under arms, and over fullest part of the chest Waist: Measurement around the smallest part of the torso area Hip: Measurement around fullest part of the hip area Inseam: Measurement from crotch to floor (without shoes) Height: Measurement from top of the head to the floor (without shoes)					
ADIDAS APPAREL	CHEST	HIP	THIGH		
AXS	33-35"	32-35"	20-21"		
AS	35-38"	35-37"	21-22"		
AM	38-41"	37-41"	22-23"		
AL	41-44"	41-44"	23-25"		
AXL	44-49"	44-47"	25-26"		
2XL	49-54"	47-51"	26-28"		
3XL	54-58"	51-55"	28-30"		
4XL	58-63"	55-59"	30-32"		
Chest: Measurement around body, under arms, and over fullest part of the chest Hip: Measurement around fullest part of the hip area Thigh: Measurement around the fullest part of the thigh Inseam: Measurement from crotch to floor (without shoes). *Standard 32", Tall 34", X-Tall 36" *Tall and X-Tall length options not available for all products and sizes.					



ADIDAS APPAREL	BUST	HIP	THIGH		
WXS	31-33"	35-37"	20-21"		
WS	33-36"	37-39"	21-22"		
WM	36-38"	39-42"	22-24"		
WL	38-41"	42-45"	24-25"		
WXL	41-45"	45-48"	25-27"		
W2XL	45-48"	48-51"	27-29"		
W3XL	48-51"	51-54"	29-31"		

Bust: Measurement around body, under arms, and over fullest part of bust

Hip: Measurement around fullest part of hip area

Thigh: Measurement around the fullest part of the thigh

Inseam: Measurement from crotch to the floor (without shoes) *Standard 31", Tall 33", X-Tall 35"

*Tall and X-Tall length options not available for all products and sizes.

ADIDAS SOCKS	
SOCK SIZE	SHOE SIZE
Extra Small	3 – 4.5
Small	5 – 6.5
Medium	7 – 8.5
Large	9 – 10.5

ADIDAS SHOES				
FOOT LENGTH	SHOE SIZE		FOOT LENGTH	SHOE SIZE
8.7"	4		10.7"	10
8.9"	4.5		10.9"	10.5
9"	5		11"	11
9.2"	5.5		11.2"	11.5
9.4"	6		11.3"	12
9.5"	6.5		11.5"	12.5
9.7"	7		11.7"	13
9.8"	7.5		11.9"	13.5
10"	8		12"	14
10.2"	8.5		12.2"	14.5
10.4"	9		12.4"	15
10.5"	9.5		12.7"	16