## **AUGUST 2025**

## Join us on Strava: strava.com/clubs/ibb\_cyclery



SUNDAY 12-4PM	MONDAY 9AM-6PM	TUESDAY 9AM-6PM	WED 9AM-6PM	THURS 10AM-6PM	FRIDAY 9AM-6PM	SATURDAY CLOSED
27	28	29	30	31	O1 Friday Social Road Ride TT Bikes Welcome Leave the Shop at 7am	02
O3	O4 Monday Runday IBB Running Club 7-9min/mile pace 5 miles Leave the Shop at 7am	O5 Tuesday Tempo Road Ride TT Bikes Welcome Leave the Shop at 7am	O6	07	O8 Friday Social Road Ride TT Bikes Welcome Leave the Shop at 7am	O9 Ivins Duathlon Run - bike - run Route on Strava Start at IBB at 7am
10	11 Monday Runday IBB Running Club 7-9min/mile pace 5 miles Leave the Shop at 7am	12 Tuesday Tempo Road Ride TT Bikes Welcome Leave the Shop at 7am	13 New Bike! Ride New MTB Bike for a low-key route to dial in your bike. Leave the Shop at 7am	14	15 Friday Social Road Ride TT Bikes Welcome Leave the Shop at 7am	16 Kevin's Veyo Ride Fast Drop Ride No TT or Clip Aero Bars Leave the Shop at 6:30am
17	18 Monday Runday IBB Running Club 7-9min/mile pace 5 miles Leave the Shop at 7am	19 Tuesday Tempo Road Ride TT Bikes Welcome Leave the Shop at 7am	20 New Bike! Ride New ROAD Bike for a low-key route to dial in your bike. Leave the Shop at 7am	21	22 Friday Social Road Ride TT Bikes Welcome Leave the Shop at 7am	23  IBB MTB  Diamond Valley  MTB or Aggressive Gravel  Meet at Trailhead 8am
24/31	25 Monday Runday IBB Running Club 7-9min/mile pace 5 miles Leave the Shop at 7am	26 Tuesday Tempo Road Ride TT Bikes Welcome Leave the Shop at 7am	27	28	29 Friday Social Road Ride TT Bikes Welcome Leave the Shop at 7am	30