



# YARN TWISTERS

LYS Day Shawl 2024  
created by Lisa Overby



This shawl was created to celebrate LYS Day 2024 in collaboration with Yarn Ink. Shawl is knit tip to tip with a cable border on one side and a contrasting colour on the other side.



## MATERIALS & INFO

**Yarn: MC:** 1 skein Yarn Ink classic sock; 463 yards/100 g; 75% superwash merino, 25% nylon; approx. 90 g used for sample

**CC:** 1 mini skein classic sock; 92 yards/20 g; 75% superwash merino, 25% nylon; approx. 18 g used for sample

**Gauge:** 20 sts by 32 rows equals 4" by 4" in garter after blocking

**Needles:** 4 mm (US 6) 40" circular needle; or size needed to obtain gauge

**Notions:** stitch marker, cable needle, darning needle

**Finished size:** Centre Depth: 15" (38cm); Wingspan: 82" (208cm)

### Notes:

Shawl is knit tip to tip, if using a different yarn, weigh your ball before starting, work increase section until you have a little over half the ball left, then start decrease section; this will effect the stitch count for the border edge.

If the number of sts picked up for the border is different then the number indicated in pattern, follow these set up row instructions:

sl1 wyif, kfb, k to 2 less then half the sts picked up, kfb, k1, pm, kfb, k to 2 sts remaining, kfb, k1

## ABBREVIATIONS

**BO** - bind off

**c4b** - cable four back; slip 2 sts to cable needle, hold in back of work, k2 from LHN, then k2 from cable needle

**c6b** - cable six back; slip 3 sts to cable needle, hold in back of work, k3 from LHN, then k3 from cable needle

**CO** - cast on

**k** - knit

**kfb** - knit front back; knit into the front of the stitch, leaving on the left-hand needle, knit into the back of the same stitch, dropping the stitch off the left-hand needle (1 stitch increased)

**k2tog** - knit 2 together; insert needle into the next 2 sts, knit the 2 sts together as one (1 st decreased)

**LHN** - left hand needle

**m** - marker

**p** - purl

**pm** - place marker

**sm** - slip marker

**RHN** - right hand needle

**RS** - right side

**sl** - slip

**st/sts** - stitch/stitches

**WS** - wrong side

**wyif** - with yarn in front

## PATTERN INSTRUCTIONS

With MC, CO 7 sts

### Set Up

**Row 1 (WS):** sl1 wyif, k1, pm, p to last st, k1

**Row 2 (RS):** sl1 wyif, k to 1 st before m, kfb, sm, kfb, k1 (9 sts)

**Row 3:** sl1 wyif, k to m, sm, p to last st, k1

**Row 4:** sl1 wyif, k2, sl 1 st to cable needle, hold in back, k2, kfb st on cable needle, sm, k to end (10 sts)

**Row 5:** sl1 wyif, k to m, sm, p to last st, k1

**Row 6:** sl1 wyif, c4b, k1, kfb, sm, k to end (11 sts)

**Row 7:** s1 wyif, k to m, sm, p to last st, k1





**Row 8:** sl1 wyif, k to 1 st before m, kfb, sm, k to last 2 sts, kfb, k1 (13 sts)  
**Row 9:** sl1 wyif, k to m, sm, p to last st, k1  
**Row 10:** sl1 wyif, k to 1 st before m, kfb, sm, k to end (14 sts)  
**Row 11:** sl1 wyif, k to m, sm, p to last st, k1

### **Increase Section**

**Row 1 (RS):** sl1 wyif, k3, c6b, sm, k to last 2 sts, kfb, k1 (1 st increased)  
**Row 2 and all WS Rows:** sl1 wyif, k to m, sm, p to last st, k1  
**Row 3:** sl1 wyif, c6b, k3, sm, k to end  
**Row 5:** sl1 wyif, k to last 2 sts, kfb, k1(1 st increased)  
**Row 7:** sl1 wyif, k to end  
**Row 9:** sl1 wyif, k to last 2 sts, kfb, k1 (1 st increased)  
**Row 11:** sl1 wyif, k3, c6b, sm, k to end  
**Row 13:** sl1 wyif, c6b, k3, sm, k to last 2 sts, kfb, k1 (1 st increased)  
**Row 15:** sl1 wyif, k to end  
**Row 17:** sl1 wyif, k to last 2 sts, kfb, k1 (1 st increased)  
**Row 19:** sl1 wyif, k to end  
**Row 20:** sl1 wyif, k to m, sm, p to last st, k1  
**Rows 21 to 220:** repeat Rows 1 to 20 **ten** more times (69 sts)

### **Decrease Section**

**Row 1 (RS):** sl1 wyif, k3, c6b, sm, k to last 3 sts, k2tog, k1 (1 st decreased)  
**Row 2 and all WS Rows:** sl1 wyif, k to m, sm, p to last st, k1  
**Row 3:** sl1 wyif, c6b, k3, sm, k to end  
**Row 5:** sl1 wyif, k to last 3 sts, k2tog, k1(1 st decreased)  
**Row 7:** sl1 wyif, k to end  
**Row 9:** sl1 wyif, k to last 3 sts, k2tog, k1 (1 st decreased)  
**Row 11:** sl1 wyif, k3, c6b, sm, k to end  
**Row 13:** sl1 wyif, c6b, k3, sm, k to last 3 sts, k2tog, k1 (1 st decreased)  
**Row 15:** sl1 wyif, k to end  
**Row 17:** sl1 wyif, k to last 3 sts, k2tog, k1 (1 st decreased)  
**Row 19:** sl1 wyif, k to end  
**Row 20:** sl1 wyif, k to m, sm, p to last st, k1  
**Rows 21 to 220:** repeat Rows 1 to 20 **ten** more times (14 sts)

**Row 221:** sl1 wyif, k3, sl 3 sts to cable needle, hold in back of work, k3, then k1, k2tog from cable needle, sm, k to end (13 sts)  
**Row 222:** sl1 wyif, k to m, sm, p to 1st st, k1  
**Row 223:** sl1 wyif, sl 3 sts to cable needle, hold in back of work, k3, then k1, k2tog from cable needle, k to end (12 sts)  
**Row 224:** sl1 wyif, k to m, sm, p to last st, k1  
**Row 225:** sl1 wyif, k to last 3 sts, k2tog, k1 (11 sts)  
**Row 226:** sl1 wyif, k to m, sm, p to last st, k1  
**Row 227:** sl1 wyif, k to 2 sts before m, k2tog, sm, k to end (10 sts)  
**Row 228:** sl1 wyif, k to m, sm, p to last st, k1  
**Row 229:** sl1 wyif, k to 3 sts remaining, k2tog, k1 (9 sts)  
**Row 229:** sl1 wyif, k to m, sm, p to last st, k1  
**Row 231:** sl1 wyif, sl 3 sts to cable needle, hold in back of work, k2tog, k2, then k2tog, k1 from cable needle, k to end (7 sts)  
**Row 232:** sl1 wyif, k1, remove m, p to last st, k1

BO remaining sts

### **Border**

With CC, starting at cast off end, pick up and k 254 sts along the non-cable side of the shawl (the BO sts, the slip sts from the edge and the CO sts)

**Set up Row (WS):** sl1 wyif, kfb, k125, kfb, k1, pm, kfb, k to 2 sts remaining, kfb, k1 (258 sts)

**Row 1 (RS):** sl1 wyif, k to end

**Row 2 (WS):** sl1 wyif, kfb, k to 2 sts before m, kfb, k1, sm, kfb, k to 2 sts remaining, kfb, k1 (4 sts increased)

**Rows 3 to 10:** repeat Rows 1 & 2 **four** more times (278 sts)

### **Finishing**

BO all sts in the following manner to ensure a stretchy edge: k1, \*k1, insert LHN into the 2 sts on the RHN, knit the 2 sts together through the back loop, repeat from \* until all sts have been bound off

Weave in ends, block to measurements

