



YARN TWISTERS

Crystal Cove Cowl
created by Lisa Overby



This cute 1 skein bandana cowl knits up quickly and is perfect to keep the chill off your neck. Sample knit with Vivid Yarn Studios Signature sock in the colourway Crystal Cove.



MATERIALS & INFO

Yarn: 1 skein Vivid Yarn Studios Signature Sock
100gr/420 m (463 yards), Sample knit in colourway
Crystal Cove

Gauge: 24 sts by 28 rows in stockinette

Needles: 3.5mm (US 4) 32" circular needles, or size
needed to obtain gauge

Notions: smooth waste yarn, crochet hook, darning
needle

Finished size: Circumference - 26" (66 cm); Centre
Depth - 17" (43 cm)

ABBREVIATIONS

BO - bind off

CO - cast on

k - knit

kfb - knit into the front of the stitch, leaving on the
left hand needle, knit into the back of the same stitch,
dropping the stitch off the left hand needle (1 stitch
increased)

p - purl

st/sts - stitch/stiches

yo -yarnover (1 st increased)

PATTERN INSTRUCTIONS

Using smooth waste yarn, provisional CO 60 sts.
Switch to main yarn.

Here is a link to a video tutorial for the provisional
cast on: [https://www.youtube.com/watch?
v=3OGGoAiJ3XE](https://www.youtube.com/watch?v=3OGGoAiJ3XE)

Set up

Row 1 (RS): k

Row 2 and all WS rows: p

Row 3: k

Row 5: k2, *yo, k2, pass yo over last 2 sts*, repeat * to
* until 2 sts remaining, k2

Row 7: k3, *yo, k2, pass yo over last 2 sts*, repeat * to
* until 3 sts remaining, k3

Row 9: k2, *yo, k2, pass yo over last 2 sts*, repeat * to
* until 2 sts remaining, k2

Increase Section

Row 1 & 3: k to last 3 sts, kfb, k2 (1 st increased)

Row 2 and all WS rows: p

Row 5: k2, *k2tog, yo*, repeat * to * until 4 sts re-
maining, k1, kfb, k2 (1 st increased)

Row 7 & 9: k to last 3 sts, kfb, k2 (1 st increased)

Row 11: k2, *yo, k2, pass yo over last 2 sts*, repeat *
to * until 4 sts remaining, k1, kfb, k2 (1 st increased)

Row 13: k3, *yo, k2, pass yo over last 2 sts*, repeat *
to * until 4 sts remaining, k1, kfb, k2 (1 st increased)

Row 15: k2, *yo, k2, pass yo over last 2 sts*, repeat *
to * until 4 sts remaining, k1, kfb, k2 (1 st increased)

Row 16: p

Repeat Rows 1 to 16 five more times (108 sts)

Decrease section

Row 1: k

Row 2 and all WS rows: p

Row 3: k2, *yo, k2, pass yo over last 2 sts*, repeat * to
* until 4 sts remaining, k2tog, k2(1 st decreased)

Row 5: k3, *yo, k2, pass yo over last 2 sts*, repeat * to
* until 4 sts remaining, k2tog, k2 (1 st decreased)

Row 7: k2, *yo, k2, pass yo over last 2 sts*, repeat * to
* until 4 sts remaining, k2tog, k2(1 st decreased)

Rows 9 & 11: k to last 3 sts, k2tog, k2 (1 st decreased)

Row 13: k2, *k2tog, yo*, repeat * to * until 5 sts re-
maining, k1, k2tog, k2 (1 st decreased)

Row 15 & 17: k to last 3 sts, k2tog, k2 (1 st decreased)

Row 18: p

Repeat Rows 3 to 18 five more times (60 sts)



PATTERN INSTRUCTIONS cont'd

FINISHING

Row 1: k2, *yo, k2, pass yo over last 2 sts*, repeat * to * until 2 sts remaining, k2

Row 2 and all WS rows: p

Row 3: k3, *yo, k2, pass yo over last 2 sts*, repeat * to * until 3 sts remaining, k3

Row 5: k2, *yo, k2, pass yo over last 2 sts*, repeat * to * until 2 sts remaining, k2

Row 7: k

Row 8: p

Weave in ends and block piece flat.

Graft the live stitches together using the Kitchener stitch.

Here is a link to a video tutorial for the kitchner stitch:

https://www.youtube.com/watch?v=gdYP_GeHLGo

Alternative to the seamless cowl, you can cast on 60 sts using your preferred cast on method, bind off sts when piece is completed and seam the CO and BO edge with the mattress stitch.

