



# YARN TWISTERS

Twister Cowl  
created by Lisa Overby



This cowl is knit with 3 balls of Drops Air. Double layered and fluffy, this cowl is perfect to ward off the winter chills!



## MATERIALS & INFO

Yarn: 3 balls Drops Air; 164 yards/50 gr; 65% Alpaca. 28% Polyamide, 7% Wool; Sample: C1 - 2 balls of Orange (13) and C2 - 1 ball of Off White (01)

Gauge: 20 sts x 30 rows equals 4" by 4" in stockinette before blocking

Needles: 5mm (US 8) 16" circular needle; or size needed to obtain gauge

Notions: waste yarn, crochet hook, st marker, darning needle

Finished size: Circumference: 28" (71 cm); Height: 10" (26 cm)

Notes:

Cowl is 7 repeats of 20 Rnds of first colour and 10 Rnds of the second colour

Sample was not blocked

Link to video for provisional cast on:

<https://www.youtube.com/watch?v=owkQRG4Tmv4>

Link to video for Kitchener Stitch:

[https://www.youtube.com/watch?v=9dYP\\_GeHLGo&t=262s](https://www.youtube.com/watch?v=9dYP_GeHLGo&t=262s)

## ABBREVIATIONS

**CO** - cast on

**k** - knit

**pm** - place marker

**Rnd** - round

**st/sts** - stitch/stitches

## PATTERN INSTRUCTIONS

Using waste yarn and crochet hook, provisionally CO 110 sts

### Set up

**Rnd 1 with C1:** k to end, pm, join to knit in the Rnd

**Rnd 2:** k

**Rnds 3 to 17:** repeat Rnd 2 **fifteen** times, cut C1

### Main Section

**Rnd 1 with C2:** k

**Rnds 2 to 10:** repeat Rnd 1 **nine** times, cut C2

**Rnd 11 with C1:** k

**Rnds 12 to 30:** repeat Rnd 11 **nineteen** times, cut C1

**Rnds 31 to 180:** repeat Rnds 1 to 30 **five** more times

**Rnds 181 to 190 with C2:** k, cut C2

**Rnds 191 to 192 with C1:** k

**Rnd 193:** k55 (half the stitches, this forms the half twist when seaming)

### Finishing

Turn your tube inside out, weave in all your ends, turn tube back to have the RS facing

Place the live sts from the provisional CO onto a spare needle; using C1, graft the live CO sts to the sts on your main needle using Kitchener Stitch, weave in the remaining end

