



YARN TWISTERS

Toe Up Socks

created by Lisa Overby



Green on the outside and pink on the inside, it's a watermelon sock! Yarn used in sample was dyed for the July 2019 yarn subscription box for Yarn Twisters.



MATERIALS & INFO

Yarn: 100gram ball or skein of fingering weight yarn

Gauge: 30 sts x 40 rows

Needles: 2.25mm 32" or 40" circular needle

Notions: removable stitch marker, darning needle

Finished size: the size of your foot!

ABBREVIATIONS

BN - bottom needle

BO - bind off

k - knit

k2tog - knit 2 together; knit the 2 sts together as one. (1 st decreased)

kfb - knit front back; knit through the front and back of the stitch. (1 st increased)

p - purl

p2tog - purl 2 together; purl the 2 sts together as one. (1 st decreased)

ssk - slip, slip, knit; slip 2 sts knit wise, one at a time, to the right hand needle, place sts back on left hand needle and knit them together through their back loops (1 st decreased)

st/sts - stitch/stitches

yo - yarnover; bring the yarn to the front of work, yarnover the right hand needle (1 st increased)

TN - top needle

PATTERN INSTRUCTIONS

TOES

Using Judy's magic cast on, cast on 16 sts (8 sts on each of the two needles). Initially, the yarn tail marks the beginning of your rnd. Once your toe is large enough to tuck the tail into, place a removable st marker on a st on the first needle (top needle) to denote the beginning of the round.

1st rnd: k (16 sts)

2nd rnd: *kfb, k to 2 sts remaining on TN, kfb, k1 repeat from * on BN (20sts)

Repeat rounds 1 & 2, 7 (9) times, 48 (56) sts

FOOT

Knit every rnd until sock measures from the tip of the toe to where the top of your foot meets the front of your leg. For a ladies size medium, the sock would measure approx. 16cm.

HEEL

1st rnd: TN, k24 (28) sts; BN (gusset): kfb, k to 2 sts remaining, kfb, k1; 26 (30) sts

2nd rnd: k

Repeat rnds 1 and 2 until BN (gusset) contains 46 (54) sts, total st count will be 70 (82), 24 (28) st on the first needle and 46 (54) st on gusset needle

Knit across TN, you will now be working back and forth on the BN only.

TURN HEEL

Place a marker at the centre of the gusset needle, you will have (23) 27 st on each side of marker.

k to 2 sts beyond the marker, k2tog, k1, turn. Pull the yarn tight.



PATTERN INSTRUCTIONS *cont'd*

TURN HEEL

Slip 1 purlwise, p to 2 st beyond the marker, p2tog, p1, turn. Pull the yarn tight.

* Slip 1 purlwise, k to 1 st before the gap, k2tog (k the sts before and after the gap together), k1, turn

Slip 1 purlwise, p to 1 st before gap, p2tog (p the sts before and after the gap together), p1, turn *

Repeat * to * until there are 2 sts remaining after the gaps on both sides.

Slip 1 purlwise, k to 1 st before gap, k2tog, k1

Note: You will now start to k in the round

TN: k; BN: k1, ssk, k to 2 sts remaining, k2tog

TN: k, BN: ssk, k to end

Heel is now complete and st count is back to 48 (56), 24 (28) on each needle

LEG

Knit every round until leg is desired length

CUFF

k1, p1 for 8 rounds

Bind off using Jeny's surprisingly stretchy bind off.

To work a 1x1 ribbed (knit 1, purl 1) bind off, prep a knit stitch (reverse yo, k1, pass yo over knit stitch), then prep a purl stitch (yo, p1, pass yo over purl stitch), then pass the second stitch on the needle over the first one. Repeat to end.

FINISHING

Weave in ends.

