



YARN TWISTERS

Mountain Cowl
created by Lisa Overby



Easy chevron stitch pattern. Finished cowl is a long tube that can be worn scrunched up. The stitch pattern creates a ripple effect that accords around the neck . It can also be worn over the ears like a hood.



MATERIALS & INFO

Yarn: 1 skein Fleece Artist Merino Slim, 400m (437 yards), sample knit in Banff colourway
Gauge: 14 sts over 4 inches in pattern
Needles: 3.5 mm (US4) 16" circular needle
Notions: stitch marker, darning needle
Finished size: 56cm (22") tall, 45cm (17 1/2") around

ABBREVIATIONS

BO - bind off
CO - cast on
k - knit
p - purl
sts/sts - stitch/stitches

PATTERN INSTRUCTIONS

CO on 136 sts

Place marker and join to knit in the round

k2, p2 for 5 rounds

Begin mountain pattern:

Rnds 1 & 2: *p7, k1*, repeat * to * to end of rnd

Rnds 3 & 4: k1, *p5, k3*, repeat * to * to last 7 sts, p5, k2

Rnds 5 & 6: k2, *p3, k5*, repeat * to * to last 6 sts, p3, k3

Rnds 7 & 8: k3, *p1, k7*, repeat * to * to last 5 sts, p1, k4

Rnds 9 & 10: *k7, p1*, repeat * to * to end of rnd

Rnds 11 & 12: p1, *k5, p3*, repeat * to * to last 7 sts, k5, p2

Rnds 13 & 14: p2, *k3, p5*, repeat * to * to last 6 sts, k3, p3

Rnds 15 & 16: p3, *k1, p7*, repeat * to * to last 5 sts, k1, p4

Repeat **Rnds 1 to 16** seven more times (total of 8 pattern repeats)

k2, p2 for 5 rounds, bind off loosely in pattern, weave in ends

Block cowl, wear and enjoy!

