



YARN TWISTERS

Cabled Cowl

created by Lisa Overby



4 row pattern repeat to create an textured infinity cowl. Instructions are to provisional cast on stitches and graft cowl with the kitchener stitch. Alternatively, the cast on and bind off ends can be seamed together.



MATERIALS & INFO

Yarn: 2 skeins Diamond Luxury Baby Alpaca Sport, 100g, 100m

Gauge: 18 sts x 10 rows, measured in 4 row pattern repeat

Needles: 9mm (US 13) needles

Notions: cable needle, darning needle, waste yarn

Finished size: 7" wide; 48" long before seaming

ABBREVIATIONS

C4F - slip the next 2 stitches onto a cable needle and hold at the front of work, K2 from left hand needle, then knit the 2 stitches from the cable needle

C4B - slip the next 2 stitches onto a cable needle and hold at the back of work, K2 from the left hand needle, then knit the 2 stitches from the cable needle

k - knit

p - purl

wyib - with yarn in back

wyif - with yarn in front

PATTERN INSTRUCTIONS

Using the provisional cast on method of your choice, cast on 32 stitches

Row 1 (RS): slip 1 wyib, *k2, C4B*, repeat * to * to last stitch, k1

Row 2 (WS): slip 1 wyif, p to end

Row 3 (RS): slip 1 wyib, *C4F, k2*, repeat *to * to last stitch, k1

Row 4 (WS): slip 1 wyif, p to end

Repeat **Rows 1 to 4** forty-two more times (total of 43 repeats)

Repeat **Rows 1 to 3** one more time

Graft ends together using the kitchener stitch. Weave in ends, enjoy!

Alternatively, you can cast on 32 sts using preferred cast on method, knit the cowl and bind off all sts. Seam the cast on and bind off edges together.

