YARN TWISTERS

Wheatland Bandana Cowl
created by Lisa Overby

Simple bandana style cowl with a cluster 3 stitch to add some texture! Cowl starts off with knitting flat and then joining in the round for seamless construction. Sample is knit with Yarn Twisters February 2020 colourway.

MATERIALS & INFO

Yarn: 1 skein Yarn Twisters Sock Yarn, 75/25 Superwash Merino/Nylon, 100g (380 m/415 yards), Sample knit in colourway Amethyst

Gauge: 22 sts by 32 rows in pattern

Needles: 4 mm (US 6) 16" circular needles, or size needed to obtain gauge

Notions: stitch markers, darning needle

Finished size: 22" (56cm) circumference, 19" (48cm) at longest point (centre spine)

Note: Cowl is constructed from the top down, it starts off knitting flat and then joining to knit in the round

ABBREVIATIONS

BO - bind off

cl3 - cluster 3; with yarn in back, slip the next 3 sts to the right needle, bring working to the front of the work, slip the same 3 sts back to the left needle, return working yarn to the back of the work, knit the 3 sts

CO - cast on

k - knit

k2tog - knit 2 together; insert needle into the next 2 sts, knit the 2 sts together as 1 (1 st decreased)

m - marker

m1l - make one left; with the left hand needle, pick up the bar between the last st you knit and the one you are about to knit, bringing the needle from the front to the back, knit into the back of this st (1 st increased)

m1r - make one right; with the left hand needle, pick up the bar between the last st you knit and the one you are about to knit, bringing the needle from the back to the front, knit into the front of this st (1 st increased)

p - purl

pm - place marker

p2tog - purl 2 together; insert needle into the next 2 sts, purl the 2 sts together as 1 (1 sts decreased)

RS - right side

ssk - slip, slip, knit; slip 2 sts knit wise, one at a time, to the right hand needle, place sts back on left hand needle and knit them together through their back loops (1 st decreased)

sm - slip marker

st/sts - stitch/stitches

WS - wrong side

PATTERN INSTRUCTIONS

Garter tab Cast on:

CO on 3 sts

Knit 7 rows, do not turn work. Pick up 3 sts along edge (1 in each of the garter valleys), pick up 3 sts from the CO edge (9 sts)

Set up

Row 1 (WS): k3, m1r, p1, pm, p1, pm, p1, m1l, k3 (11 sts)

Row 2 (RS): k3, m1r, k to m, m1r, sm, k1, sm, m1l, k to last 3 sts, m1l, k3 (15 sts)

Row 3 and all WS rows: k3, p to last 3 sts, k3

Row 4: k3, m1r, k to m, m1r, sm, k1, sm, m1l, k to last 3 sts, m1l, k3 (19 sts)

Row 6: k3, m1r, cl3, k3, m1r, sm, k1, sm, m1l, k3, cl3, m1l, k3 (23 sts)

Flat section

Row 1 (RS): k3, m1r, k to m, m1r, sm, k1, sm, m1l, k to last 3 sts, m1l, k3 (4 sts increased)

Row 2 and all WS Rows: k3, p to the last 3 sts, k3

Row 3: k3, m1r, k to m, m1r, sm, k1, sm, m1l, k to last 3 sts, m1l, k3 (4 sts increased)

Row 5: k3, m1r, *cl3, k3*, repeat ** to m, m1r, sm, k1, sm, m1l, *k3, cl3*, repeat ** to last 3 sts, m1l, k3 (4 sts increased)

Repeat **Rows 1 to 6** eight more times, then repeat **Rows 1 to 5** once more (143 sts), do not turn work

Join to knit in the round:

Using 16" circular needles, join to knit in the round: **k all sts**, be sure to leave the markers that indicate the centre spine, place a st marker to denote the beginning of the round

Set up for knitting in the Round Section

Set up Rnd 1: k1, k2tog, k to m, m1r, sm, k1, sm, m1l, k to last 3 sts of rnd, ssk, k1

Set up Rnd 2: k

Repeat **Rnds 1 & 2** once more

Main Pattern (in the round)

Rnd 1: k1, k2tog, k2, *cl3, k3*, repeat ** to marker, m1r, sm, k1, sm, m1l, *k3, cl3*, repeat ** to last 5 sts, k2, ssk, k1

Rnd 2: k

Rnd 3: k1, k2tog, k to m, m1r, sm, k1, sm, m1l, k to last 3 sts of rnd, ssk, k1

Rnd 4: k

Rnd 5: k1, k2tog, k to m, m1r, sm, k1, sm, m1l, k to last 3 sts of rnd, ssk, k1

Rnd 6: k

Repeat **Rnds 1 to 6** of Main Pattern eight more times

Finishing

Row 1: p1, p2tog, p to m, m1r, sm, k1, sm, m1l, p to last 3 sts, p2tog, p1

BO all sts loosely knit wise, weave in ends, block cowl to measurement, be sure to pin down CO edge to prevent rolling