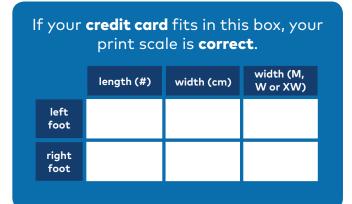
# **Gid Steps** stride rite

# size guide

To accurately measure, print at "100% scale" or "Actual Size" (uncheck "page scaling").



#### what you'll need

- scissorstape
- hard floor & wall
- credit card (for print scale)
- pencil

#### step 1: set up your space

- 1. Cut along the dotted lines.
- 2. Find a spot where a hard floor meets a wall.
- 3. Tape the length ruler to the floor, with the curved line against the wall.

## step 2: measure length

- 1. Place one foot on the length ruler, aligning the heel with the curved line (against the wall).
- 2. Mark the first visible line past the longest toe with the pencil. This is the length measurement.
- 3. Record the measurement in the box above.
- 4. Repeat for other foot.

## step 3: measure width

- 1. Identify the ball of the foot (see visual on length ruler).
- 2. Wrap the width ruler around the ball of the foot with the child standing. Have your child step on the middle of the ruler face-down, and wrap both ends up around the foot.
- 3. Mark the measurement that meets the arrows ↔ with a pencil.
- 4. Record the measurement in the width (cm) box above.
- 5. Repeat for other foot.

6. Use the sizing key on striderite.com to determine the width (M, W or XW) given the cm measurement.

**Note**: if your child's feet are two different sizes, choose the larger one. If your child is between widths, use the wider one.

