

# DEXTER'S DELI

## PET HEALTH GUIDE

Ref. 32 v.14



### Benefits

- Healthy Organ System
- Symptomatic Relief
- Long-Term Health

### Product Suggestions

#### INTERNAL

- Earth Animal Nature's Protection:
  - \* Daily Herbal Internal Powder
  - \* Daily Herbal Drops

#### HOME/YARD

- Wondercide Yard Spray
- Diatomaceous Earth

#### SHAMPOO

- Wondercide
- Skouts Honor Flea & Tick

#### TOPICAL

- Flea Comb
- Wondercide Collar or Spray
- Skout's Honor Spray
- Earth Animal Nature's Protection Powder
- Amber Collar

# NATURAL FLEA MANAGEMENT

Natural flea management, which is toxic to fleas but not your pet, is a multi-level approach. It may take a little more effort than a once-a-month drug but it keeps your pet healthy while fighting these bothersome parasites.

## 3 Levels of Care for Best Results: Internal, Topical, & Environmental

### INTERNAL

**Feeding fresh foods and whole food supplements to optimize your pet's health is the number one thing to do all year round to deter fleas and reduce the effect they have on the body.** Pets fed only highly processed dry food usually have a harder time with fleas. Please pick up our handout *Build A Better Bowl* for information on how to enhance your pet's dry food diet, or talk to our staff about a more comprehensive transition to fresh food.

**Fish oil, marine algal oil, or krill** should be included in the food daily. The high level of omega -3 fatty acids help fight skin inflammation, making your pet's skin less attractive to fleas as well as reducing reactions to flea bites.

**Earth Animal Nature's Protection Daily Internal Powder** or their **Daily Herbal Internal Powder** both help deter fleas by using garlic and other ingredients to give your pet's skin a scent that fleas don't like. They need to be used consistently and take 3-6 weeks to integrate into your pet's system, so you will not see an instantaneous effect when first starting them.

**If you use a monthly pesticide/preventative, internally or topically, you should also use a detox formula for one week every month you use those products to offset the toxicity of the chemicals.** Supporting your pet's liver and kidney system with supplements such as **Animal Essentials Detox Blend, Sustenance Herbs Liver/Detox Formula, or Four Leaf Rover Liver/Kidney Clean** could prevent serious illness and damage to the body

### TOPICAL

**Flea Combs** are an essential grooming tools for dogs and cats, not just for fleas, they are also a convenient way to check for ticks after a trail hike. Just comb through next to the skin, trap the fleas on the comb with your fingers and wipe them off into a small amount of soapy water (any soap kills fleas, dish soap is a good choice). *Don't dip the comb in the soap or you'll have to dry it thoroughly before recombing.* Spending a minute a day on this easy grooming task will help keep fleas in check, and can help you find ticks too.

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## Learn More

### Check out these books:

*The Forever Dog*

*The New Holistic Way for Dogs and Cats*

*Dr. Pitcairn's Complete Guide to Natural Health For Dogs & Cats*

*Herbs for Pets*

*Whole Health for Happy Cats*

**Natural deterrent sprays & wipes made with essential oils** are an important addition to your arsenal. Spray them on before heading out to the lagoon or trail to repel fleas, ticks & mosquitos from hitching a ride. Ruffle the fur when spraying to get it in there thoroughly, including the legs and tail). Be sure not to spray near the face, but spray onto a cloth or use a "wipe" product for that area. They are not long-lasting, and may need to be used daily if there are fleas at home. Check the product for a minimum age if you have a puppy or kitten.

**Herbal Collars & Spot-Ons** use the same essential oils as the sprays, but provide longer lasting deterrence. These are for pets over 4 months of age.

**Herbal Flea Shampoos** can be more effective than some other shampoos at killing fleas on your pet, but truly any soap kills fleas, so please don't resort to pesticide dips (if it says "avoid skin contact" for *your* safety, please don't apply it to your pet). Many pet shampoos with essential oils designed to fight fleas are also helpful in dealing with inflamed bites from insects. As with sprays check for age minimums.

**Bio-Energetic or Ultrasonic Tags** for your pet's collar and **Amber Collars** make a good addition to all of your other prevention methods. They take a couple of weeks to become effective but last for up to one year, and are absolutely safe for your pet.

**Cherisitin** is a monthly "spot-on" specifically for cats. Using the active ingredient spinetoram, this medication starts killing fleas within 30 minutes of its initial application.

### AROUND THE HOME & YARD

**Simple Cleaning Routines** can help keep down fleas. Fleas reproduce every 3 weeks, so be sure to wash all pet bedding frequently (every week is best). Use throws (mats, blankets, or towels) on furniture or carpeted areas where your pet hangs out so you can clean those more easily by washing the throw. Steam clean carpets.

**Wondercide Yard Spray** can be applied outdoors to kill & deter fleas and destroy flea eggs. Fleas like areas under decks and porches, so pay particular attention to those. Follow instructions to repeat applications for best results.

**Diatomaceous Earth** or **Boric Acid** powders can be used under cushions, under baseboards, and in carpets. These products should be used according to product directions for safety.

**Beneficial Nematodes** (available online or through your local natural gardening business) provide long-term benefits in your yard. Easily sprayed into your lawn, they eat flea larvae *before* the fleas get your pet.

