

DEXTER'S DELI

PET HEALTH GUIDE

Ref.6 v.15



Benefits

- Improve vitality
- Improve comfort
- Reduce inflammation

Product Suggestions

- Beta-Thym
- Adoptrex
- Herbsmith Support Immunity
- Primal Hemp & Mushroom Oil
- Four Leaf Rover Turkey Tail
- Ziggy Marley Apawthecary Turkey Tail mushroom
- Ziggy Marley Apawthecary Reishi mushroom
- Sustenance Herbs Immune/ Mushroom Blend
- Herbal Energetics Pet Boost
- Herbsmith Milk Thistle
- Five Flower Formula
- Mr. Ros Marine Phytoplankton
- Nordic Naturals Fish Oil
- Animal Essentials Plant Enzymes & Probiotics
- Bones & Co. raw diets
- Dr. Harvey's Paradigm
- Smallbatch Lightly Cooked
- Ziwi Peak Air-Dried Food
- Real Meat Air-Dried Food
- Slippery Elm

FEEDING PETS WITH CANCER

FRESH FOOD IS VITAL WHEN FEEDING A DOG OR CAT WITH CANCER, AND A DIET BASED ON ANIMAL PROTEIN AND FATS IS BEST. Tumors thrive on glucose but cannot utilize fat. Glucose is produced in abundance from grains, fruits, and sweet starchy vegetables, so these should not be a large part of the animal's diet, (unless the animal's digestive ability is severely compromised and they can't tolerate fats, such as with liver cancer). No matter how you look at it dry food is not ideal for a pet with cancer, so if you are going to use kibble the need for beneficial supplements is even more critical.

RAW OR COOKED?

While a raw diet is ideal for most animals if they are elderly, very ill, receiving frequent anesthesia or other medical care that interferes with digestion, and/or are receiving immune-suppressing treatments, you may need to adapt the diet by cooking rather than feeding raw, or using a commercial product that is close to raw such as freeze-dried formulas. Digestive enzyme supplements should also be utilized. The goal is ensuring that the animal gets sufficient calories of the most digestible kind, and this takes precedence over whether the food is cooked or raw. Simple poaching is an easy way to lightly cook a meal. Well-designed raw diets provide a good model of nutrition for your pet, so even cooked diets should still emphasize meat-based nutrition. You can mix or rotate between raw and cooked diets, too, so don't feel that you have to stick to one or the other, or use a freeze-dried diet that "splits the difference." In Traditional Chinese Medicine cancer is considered a Phlegm condition, so the emphasis is on foods that Resolve Phlegm and Move Qi. This perspective can be quite successful, so if you're open to it you should seek out a holistic vet or non-vet practitioner who works from this perspective.

CLEAN WATER IS IMPORTANT; BE SURE TO GIVE YOUR PET FILTERED OR SPRING WATER.

The water bowl is an excellent place to utilize flower essences. Simply add a few drops each time you fill the bowl, there's no issue whatsoever if other pets share the water with essences.

OMEGA-3 FATTY ACIDS ARE AN IMPORTANT PART OF A DIET TO FIGHT CANCER. Omega-3 fatty acids have been found to be one of the most important foods you can feed a pet with cancer. They are abundant in cold water fish, fish oil, and marine phytoplankton (an excellent option for animals who may not respond well to added fats like fish oil). Talk with your vet or non-vet practitioner about the appropriate amount for your pet.

SUPPLEMENTS ARE AN INDISPENSABLE PART OF STRENGTHENING YOUR PET'S SYSTEM TO FIGHT CANCER.

Some of the ones commonly suggested by holistic veterinarians are medicinal mushrooms, probiotics, herbs, and antioxidants. Always start slowly with supplements so that your pet's body has time to adapt to them. Supplements that provide general nutrition and support are easy to use. **Medicinal Mushrooms** and **Astragalus Root** are well-regarded herbs to use as part of a cancer care program and are easy to feed most pets. **Milk Thistle** supports the liver as it works to detoxify the system and

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Learn More

Ask our staff for recommendations on integrative vets and non-vet practitioners that can help your pet through their healing journey. Having a support team is for you and your pet.

Check out these books:

The Nature of Animal Healing

The New Holistic Way for Dogs and Cats

Whole Health for Happy Cats

Dr. Pitcairn's Complete Guide to Natural Health for Dogs and Cats

Four Paws Five Directions

Related Pet Health Guides

- Slippery Elm
- Home-Cooked Diets
- How To Add Supplements
- Flower Essences
- Medicinal Mushrooms



protects the body from chemotherapy damage while enhancing its effectiveness. **Adoptrex** is based on a well-studied formula for cancer (especially of the lungs). If your pet is being given prednisone as part of their treatment talk to your vet about **Beta-Thym** as an alternative that's safe for long term use. **Low-THC Cannabis** (as sold for pets) can help with general cancer care also. Plant-based supplements are a good source of antioxidants along with other benefits. Herbal supplements with strong anti-tumor properties should be used only as directed on the label, and with the guidance of a holistic vet or non-vet practitioner.

REDUCE INFLAMMATION

Reducing inflammation in the body is important for all types of cancer, and critical for some. Mast Cell Cancer in particular needs attention to reduce histamines in the diet through careful food choices. Beta-Thym is a safe supplement for this purpose. Using the Glacier Peak Holistics Pet Wellness Stress Scan can help you quickly identify food and environmental sensitivities that create extra stress on the body.

ELIMINATE TOXINS

Animals struggling with cancer should never be vaccinated. Toxic flea treatments, whether oral or topical, should also be eliminated, as well as standard heartworm medications. You also need to examine the animal's living quarters for toxins such as pesticides, herbicides, and harmful cleaning products. A "green" home is a healthy home! Herbal detoxifying formulas are an important way to help rid the body of toxins and waste, and are an important aspect of long-term care. If your pet's vitality is low please consult with your practitioner about the appropriateness of herbal detoxifying blends; Milk Thistle supports the liver and is considered safe for all stages of health

DEALING WITH A POOR APPETITE

Many dogs going through cancer treatments experience periods of refusing food. Sometimes this is due to medical treatment, but it can also be due to the cancer itself. Animals don't express the feelings of nausea like we do, they simply turn away from the food or appear "picky." At these times you need to be open to offering different foods in smaller meals, and supporting your pet with supplements and energetic bodywork that will help them feel more like eating. Don't worry about nutritional balance as much if your pet simply isn't eating. Some of the most popular enticement foods are air-dried meat diets, soft-cooked eggs, meat baby food, bone broth, or simply cooked meat. Astragalus root is an herb that helps with this problem and can be given separately or mixed into food (Find it in **Herbsmith Support Immunity & Herbal Energetics Pet Boost**). Adoptrex is an herbal formula with a long history of use in cancer care and digestion. You may need to use an oral syringe at times to get a little nutrition into them. Slippery Elm bark is a good convalescence food if your pet is refusing to eat; it's soothing and sustaining, and when prepared (ask for our how-to guide) can be syringed into the mouth in small amounts to ease their indigestion before you offer food.

EMOTIONAL SUPPORT

A diagnosis of cancer in our pet can be devastating, and caring for them can be worrisome. Pets are emotional sponges for their owners, so it's important to remember that our stress becomes their stress. Using flower essences is a good way to help alleviate stress for both pet and owner (yes, you can both take them!), without having to worry about interactions with other care they are getting. **Five Flower Formula** is an essence formula you should have on hand not only for stress but for physical emergencies as well. Practitioners offering Reiki or other energetic healing methods are valuable partners in your pet's care, complementing your veterinarian's care.