

Crystals for the Divine Masculine



All crystals come from the earth or Divine Mother or Gaia. Even though these crystals are about the Divine Feminine or feminine energy, it does not exclude men. We all have male/female energies, regardless of gender. By wearing any of these crystals or keeping them in your energy field, can help balance, enhance and connect with your inner divine masculine.

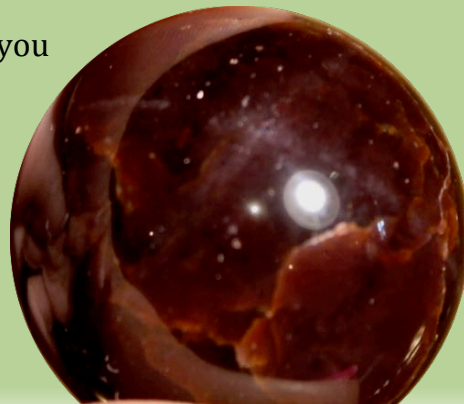
Black Tourmaline

Black Tourmaline is a strong protection and purifying stone. Most people use it for protection, but it can do so much more! It helps absorb harmful EMF rays from electronics, so put a piece by your computer, tv, etc. It helps with relieving stress, balances and clears all the chakras, strengthens the immune system and metabolism, improves circulation and more. In crystal healing, it can be placed at the Earth Chakra (feet) or Root for grounding. It is a detoxifying stone and helps to eliminate heavy metals from the body. So basically, you could call Black Tourmaline the doctor stone or Dr. B. Tourmaline. Lol!



Garnet

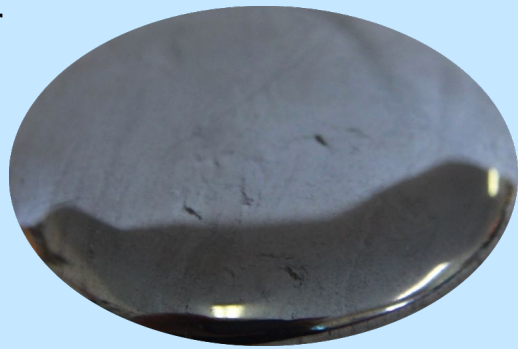
Garnet is a grounding stone. It is also a stone of strength, gratitude and abundance. It is the masculine stone to pair with the feminine Ruby. Garnet is a Warrior's stone, used in the Crusades and Asian tribes used it for arrow heads and bullets. A stone to use if you need the strength to stand up for what you believe in. A stone for the Root Chakra, it can also be placed at the Heart as it helps to attract love.



Hematite

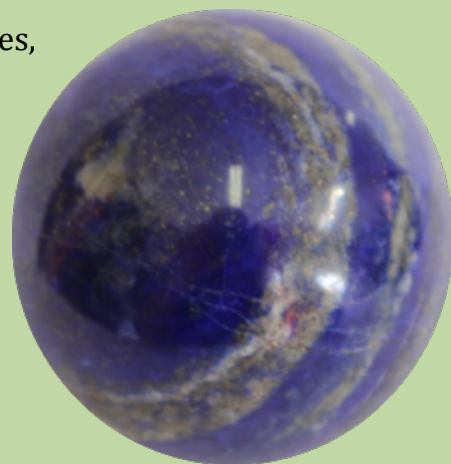
Hematite is an iron and can appear as a rust or red colour.

Hematite, when highly polished, is a shiny black colour, which used to be called Black Alaskan Opal in my Grandmother's time. It is a very strong transmutation stone for changing negative energy to positive. This is a stone of the mind for clarity and memory. Place it at the Root Chakra for grounding and balance and the 3rd eye or Crown for clarity and improving memory.



Lapis

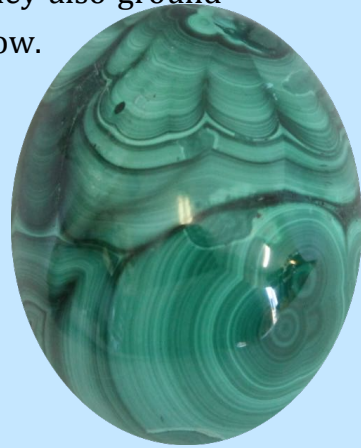
The deep blue of Lapis was prized for power, vision, royalty and honour. It is made up of different stones such as: Sodalite, Lazurite, Calcite and Pyrite. Lapis was highly regarded in Egyptian culture from healing headaches and migraines, jewellery, crushed for use in makeup and used as dye by priests and royalty to indicate their status as a god. Today it is prized for enhancing intuition, communication, inner peace, truth and



Malachite

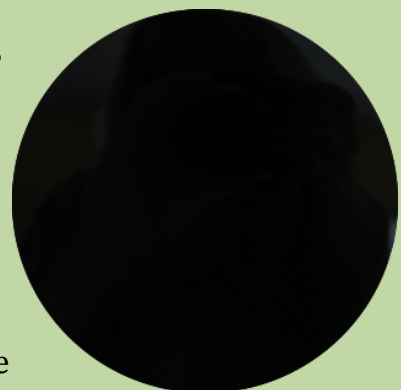
Malachite is a stone of change and transformation. It can help make the path of change easier and integrate it into our lives with some ease. Malachite is also a feminine stone. This is another stone that was used extensively in ancient Egypt. It was a strong stone of protection for both children and adults. They also ground it into a powder like Lapis and used it as eye shadow.

Malachite helps protect us when traveling and keeps us grounded when going through change. It has a soothing and calming effect so we don't get stressed out about change. This is a toxic crystal in its raw form; make sure to wash your hands after handling. When using in a body layout, it can be placed anywhere that is needed, but can work very well at the Solar Plexus and Heart.



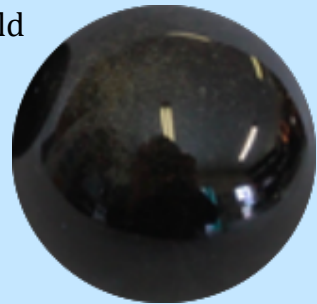
Obsidian

Obsidian isn't a crystal but a volcanic glass. It is mainly used for protection and shielding against negative energies. Use it in crystal healing around the head for dissolving mental stress or around the body to extract negative energy. Obsidian is a stone of truth. Some readers use a polished flat piece of Black Obsidian, called a mirror, for scrying. Scrying is a form of intuitive reading where you stare at a mirror, water in a bowl, etc. and see visions in your mind's eye. This is another Screen Shot 2019-09-30 at 10.54.56 AM crystal that could be placed anywhere from the Earth chakra to the Crown.



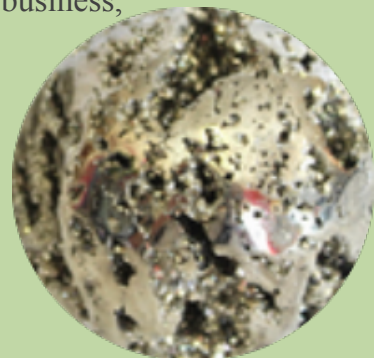
Onyx

While Onyx is another stone for grounding and protection it does so much more. It transforms forceful or aggressive energy so it can be used for strength, both physical and mental, and endurance. It can help you to trust yourself and take control of your dreams, desires, goals and destiny. Keep it with you to help build strength after a long illness. Onyx is a good stone to help with intuition. Place it at the Earth, Root, Solar Plexus or 3rd Eye Chakras,



Pyrite

Pyrite is an iron and is also called Fool's Gold as it was often mistaken for Gold. It has strong male energy and is a stone of action, willpower and manifestation. This is a stone to help with success, business, abundance, achieving goals and strength. It represents the energy of the sun. I find it works wonders when used with the Solar Plexus Chakra.



Quartz

Quartz that is very clear is considered more male energy while the more cloudier is feminine energy.

A master healer crystal, it helps to amplify energy and thoughts, plus it enhances and amplifies the energy of other crystals placed with it. Quartz is very versatile, the most powerful healing crystal and is able to work on any condition. It helps to raise our vibration and that of the planet and can be used in place of other crystals. It has very strong, direct energy and is good for focus and clarity. If you can only ever get one crystal, Quartz would be it.



Blue Sapphire

Ancient peoples believed Blue Sapphire brought hope, good fortune and insight. It was a talisman of strength, power and protection. They believed those who had it in their possession used their judgement wisely. I also see it as a strong stone to help with communication and enhancing intuitive abilities and placing it on the Throat or 3rd Eye opens and activates them.



Smoky Quartz

Smoky Quartz is a beautiful stone to help you ground right back into your body. It makes you feel “at home” in your own skin.

Smoky is also purifying and protective. I love Smoky for the fact that it helps you to go at your own pace. This is especially good for people who don't like to be rushed, but take their time with things, especially with change. Great placed at the



Tiger Iron

I find Tiger Eye the feminine version and Tiger Iron the masculine. While Tiger Iron looks very similar to Tiger Eye, it is set apart by the inclusion of Hematite which also makes it heavier than Tiger Eye. There can also be an inclusion of Red Jasper as well. If you need motivation and a fire lit under your butt to get things done, Tiger Iron is your stone. It helps with



endurance, strength, stamina, motivation and vitality. If you are feeling tired or exhausted, pick up a piece of Tiger Iron to get your energy back on track. It works from

About the Author



Linda has owned and operated her own crystal shop, Soul Food Crystals and Books, since 2006. She has been using and working with crystals since 1996 as well as doing readings and teaching palmistry, intuitive tarot, tea leaves and beginner to advanced crystal classes. Linda loves crystals, helping people understand and work with them to heal and balance.