

Vintage Milkmaid's Star Quilt

Free Pattern from It's Sew Emma



Finished Quilt Size: 72 1/2" x 84 1/2"

Vintage Milkmaid's Star Quilt is made using the Farmer's Daughter collection by Lori Holt for Riley Blake Designs.

Scan the QR Code to see what Lori is up to!







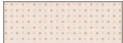




























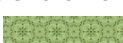

























www.ItsSewEmma.com

Designed by Lori Holt of Bee in my Bonnet Co. · www.YouTube.com/LoriHolt







Vintage Milkmaid's Star Quilt

Fabric Requirements

Description	Yardage	SKU
Background and Border	1 $\frac{3}{8}$ yards of the following:	
 C17181-RAINDROP	 C17182-LEAF	 C17183-SAGE
 C17184-THYME	 C17185-MAPLE	 C17186-RUSTIC
 C17187-CORAL	 C17189-TEAROSE	
Background and Border	1 $\frac{1}{8}$ yards of the following:	
 C17180-RAINDROP	 C17188-CORAL	 C17190-RUSTIC
 C17190-TEAROSE		
Blocks and Border	$\frac{1}{2}$ yard of the following:	
 C17160-CORAL	 C17160-PEWTER	 C17161-CORAL
 C17161-SEAGLASS	 C17162-LEAF	 C17162-MARIGOLD
 C17163-TEAROSE	 C17164-PALOMINO	 C17164-SQUASH
 C17165-MARIGOLD	 C17165-THYME	 C17166-THYME
 C17172-SAGE	 C17172-SQUASH	
 C17173-RAINDROP	 C17174-MARIGOLD	 C17175-SEAGLASS
 C17177-RAINDROP	 C17177-RUSTIC	 C17178-PEWTER
Blocks and Border	$\frac{3}{4}$ yard	C17166-TEAROSE 
Blocks and Border	Fat Quarter of the following:	
 C17163-THYME	 C17167-JAZZBERRY	 C17167-MAPLE
 C17168-MILKCAN	 C17168-SAGE	 C17169-ALPINE
 C17169-JAZZBERRY	 C17169-RAINDROP	 C17169-RUSTIC
 C17170-CORAL	 C17171-CORAL	 C17171-SAGE
 C17173-RUSTIC	 C17174-THYME	
 C17175-TEAROSE	 C17176-PUMPKIN	 C17176-RAINDROP
 C17178-SAGE	 C17179-CHERRYTART	 C17179-COZY
Blocks and Border	$\frac{1}{2}$ yard	C17170-DENIM 
Binding	$\frac{7}{8}$ yard	C17178-PEWTER 
Rustic Large Vintage Trim	9 $\frac{1}{4}$ yards	STVT-46834 
108" wide Backing	2 $\frac{1}{3}$ yards	WB17193-SAGE 
<i>Quilt features a 108" wide fabric for the backing, but you can also use 5 $\frac{1}{4}$ yards of 44" wide fabric.</i>		
6" Vintage Milkmaid's Star Quilt Block Foundation Paper	5 pads	ISE-7018 
12" Vintage Milkmaid's Star Quilt Block Foundation Paper	2 pads	ISE-7017 

Vintage Milkmaid's Star Quilt

Cutting




Yardage & Description	Cutting	Location
8 - 1 $\frac{3}{8}$ yards <i>Background and Border</i>	8 - 5" x 7 $\frac{1}{2}$ " rectangles (64 total)	12" Block / Placement 6
	8 - 3 $\frac{1}{2}$ " x 5 $\frac{1}{4}$ " rectangles (64 total)	12" Block / Placement 2
	8 - 3 $\frac{1}{2}$ " x 5 $\frac{1}{4}$ " rectangles (64 total)	12" Block / Placement 4
	16 - 3" x 4" rectangles (128 total)	6" Block / Placement 6
	16 - 2" x 3 $\frac{1}{2}$ " rectangles (128 total)	6" Block / Placement 2
	16 - 2" x 3 $\frac{1}{2}$ " rectangles (128 total)	6" Block / Placement 4
	3 - 3 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ " rectangles (24 total)	Border / Letter A
	1 - 3 $\frac{1}{2}$ " x 6 $\frac{1}{2}$ " rectangle (8 total)	Border / Letter B
	1 - 3 $\frac{1}{2}$ " square (8 total)	Border / Letter C
4 - 1 $\frac{1}{8}$ yards <i>Background and Border</i>	4 - 5" x 7 $\frac{1}{2}$ " rectangles (16 total)	12" Block / Placement 6
	4 - 3 $\frac{1}{2}$ " x 5 $\frac{1}{4}$ " rectangles (16 total)	12" Block / Placement 2
	4 - 3 $\frac{1}{2}$ " x 5 $\frac{1}{4}$ " rectangles (16 total)	12" Block / Placement 4
	16 - 3" x 4" rectangles (64 total)	6" Block / Placement 6
	16 - 2" x 3 $\frac{1}{2}$ " rectangles (64 total)	6" Block / Placement 2
	16 - 2" x 3 $\frac{1}{2}$ " rectangles (64 total)	6" Block / Placement 4
	3 - 3 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ " rectangles (12 total)	Border / Letter A
	2 - 3 $\frac{1}{2}$ " x 6 $\frac{1}{2}$ " rectangles (8 total)	Border / Letter B
20 - $\frac{1}{2}$ yards <i>Blocks and Border</i>	8 - 5 $\frac{1}{4}$ " squares (160 total)	12" Block / Placement 1 & 3
	8 - 3 $\frac{1}{2}$ " squares (160 total)	6" Block / Placement 1 & 3
	2 - 2 $\frac{3}{4}$ " squares (40 total) 	6" Block / Placement 5 *
	2 - 2 $\frac{3}{4}$ " squares (40 total) 	6" Block / Placement 7 *
$\frac{3}{4}$ yard C17166-TEAROSE <i>Blocks and Border</i>	8 - 5 $\frac{1}{4}$ " squares	12" Block / Placement 1 & 3
	16 - 3 $\frac{1}{2}$ " squares	6" Block / Placement 1 & 3
	4 - 2 $\frac{3}{4}$ " squares 	6" Block / Placement 5 *
	4 - 2 $\frac{3}{4}$ " squares 	6" Block / Placement 7 *

 = Cut the squares on the diagonal once.

* Each square cut for Placements 5 and 7 can be used for two quadrants instead of one. After you cut the squares on the diagonal according to the paper, use one triangle per quadrant.

Vintage Milkmaid's Star Quilt

Cutting

Yardage & Description	Cutting	Location
20 - Fat Quarters <i>Blocks and Border</i>	2 - 4" squares (40 total) ☐ 2 - 4" squares (40 total) ☐ 8 - 3 ½" squares (160 total) 2 - 2 ¾" squares (40 total) ☐ 2 - 2 ¾" squares (40 total) ☐	12" Block / Placement 5 * 12" Block / Placement 7 * 6" Block / Placement 1 & 3 6" Block / Placement 5 * 6" Block / Placement 7 *
½ yard C17170-DENIM <i>Blocks and Border</i>	2 - 4" squares ☐ 2 - 4" squares ☐ 16 - 3 ½" squares 4 - 2 ¾" squares ☐ 4 - 2 ¾" squares ☐	12" Block / Placement 5 * 12" Block / Placement 7 * 6" Block / Placement 1 & 3 6" Block / Placement 5 * 6" Block / Placement 7 *
C17178-PEWTER	9 - 2 ½" x width of fabric strips	Binding / Letter F
Rustic Large Vintage Trim 	2 - 87" strips 2 - 75" strips	Binding / Letter D Binding / Letter E
6" Vintage Milkmaid's Star Quilt Block Foundation Paper	176 sheets	
12" Vintage Milkmaid's Star Quilt Block Foundation Paper	80 sheets	

☐ = Cut the squares on the diagonal once.

* Each square cut for Placements 5 and 7 can be used for two quadrants instead of one. After you cut the squares on the diagonal according to the paper, use one triangle per quadrant.

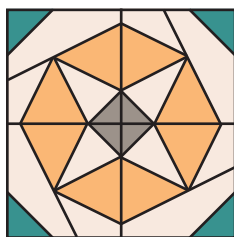
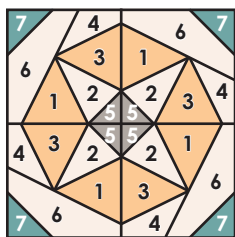
Vintage Milkmaid's Star Quilt

12" Vintage Milkmaid's Star Block Assembly

Each 12" Vintage Milkmaid's Star Block uses four 12" Vintage Milkmaid's Star Quilt Block Foundation Paper sheets, two background prints and three color prints.

Follow the 12" Vintage Milkmaid's Star Quilt Block Foundation Paper instructions. Pay close attention to the placement numbers. Press open.

12" Vintage Milkmaid's Star Block should measure 12 ½" x 12 ½".



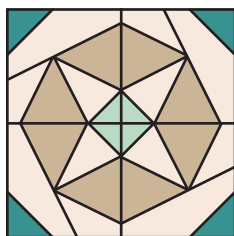
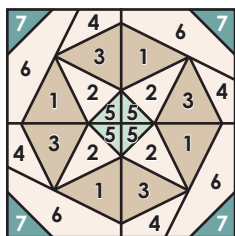
Make twenty.
You will not use all fabric.

6" Vintage Milkmaid's Star Block Assembly

Each 6" Vintage Milkmaid's Star Block uses four 6" Vintage Milkmaid's Star Quilt Block Foundation Paper sheets, two background prints and three color prints.

Follow the 6" Vintage Milkmaid's Star Quilt Block Foundation Paper instructions. Pay close attention to the placement numbers. Press open.

6" Vintage Milkmaid's Star Block should measure 6 ½" x 6 ½".



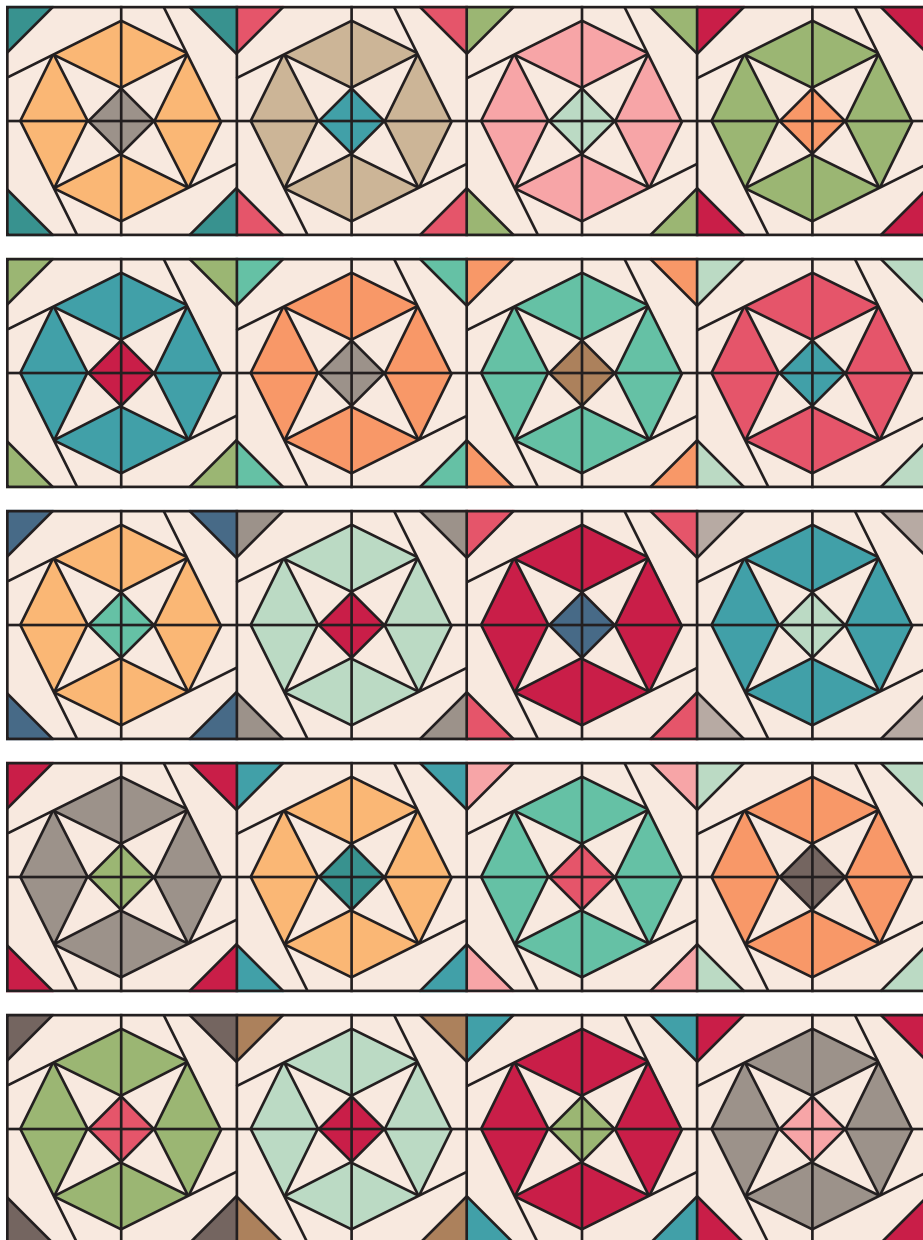
Make forty-four.
You will not use all fabric.

Vintage Milkmaid's Star Quilt

Quilt Center

Assemble Quilt Center. Press open.

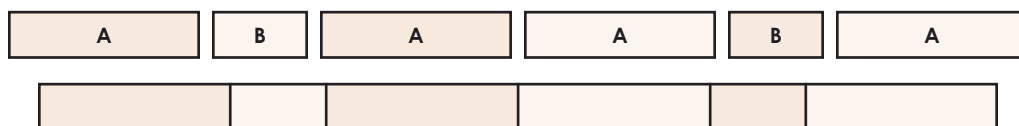
Quilt Center should measure 48 1/2" x 60 1/2".



Vintage Milkmaid's Star Quilt

Borders

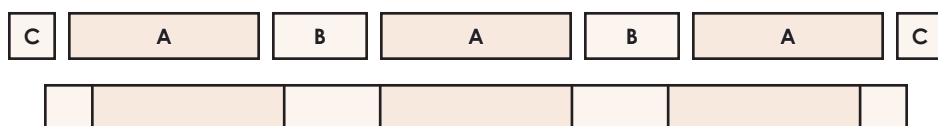
Assemble Border using four Fabric A rectangles and two Fabric B rectangles. Press open.
Side Inner Border should measure $3\frac{1}{2}'' \times 60\frac{1}{2}''$.



Make two.

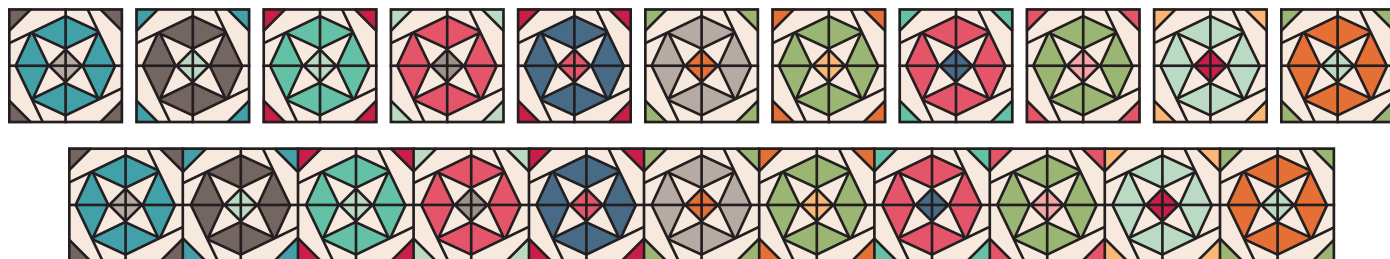
Assemble Border using two Fabric C squares, three Fabric A rectangles and two Fabric B rectangles. Press open.

Top and Bottom Inner Border should measure $3\frac{1}{2}'' \times 54\frac{1}{2}''$.



Make two.

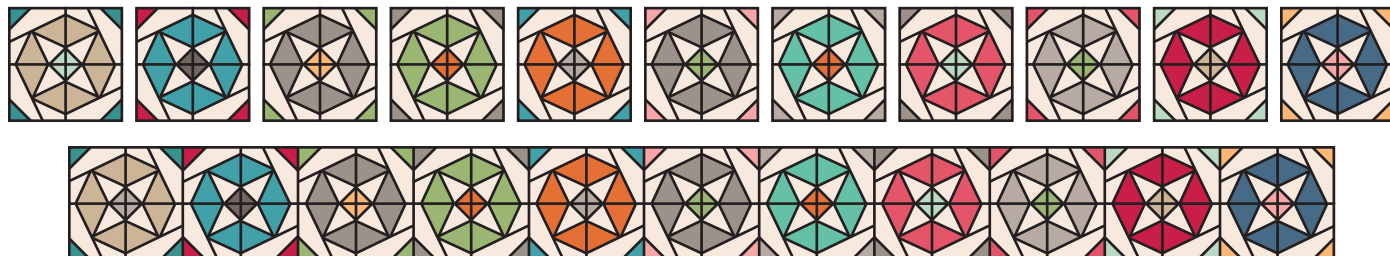
Assemble Border using eleven 6" Vintage Milkmaid's Star Blocks. Press open.
Side Middle Border should measure $6\frac{1}{2}'' \times 66\frac{1}{2}''$.



Make two.

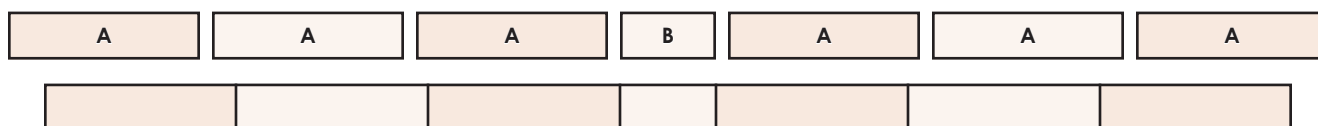
Vintage Milkmaid's Star Quilt

Assemble Border using eleven 6" Vintage Milkmaid's Star Blocks. Press open.
 Top and Bottom Middle Border should measure 6 1/2" x 66 1/2".



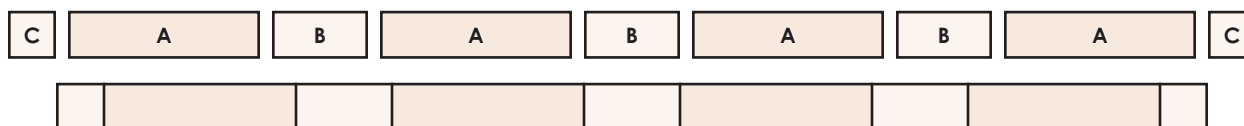
Make two.

Assemble Border using six Fabric A rectangles and one Fabric B rectangle. Press open.
 Side Outer Border should measure 3 1/2" x 78 1/2".



Make two.

Assemble Border using four Fabric A rectangles, three Fabric B rectangles and two Fabric C squares.
 Press open.
 Top and Bottom Outer Border should measure 3 1/2" x 72 1/2".



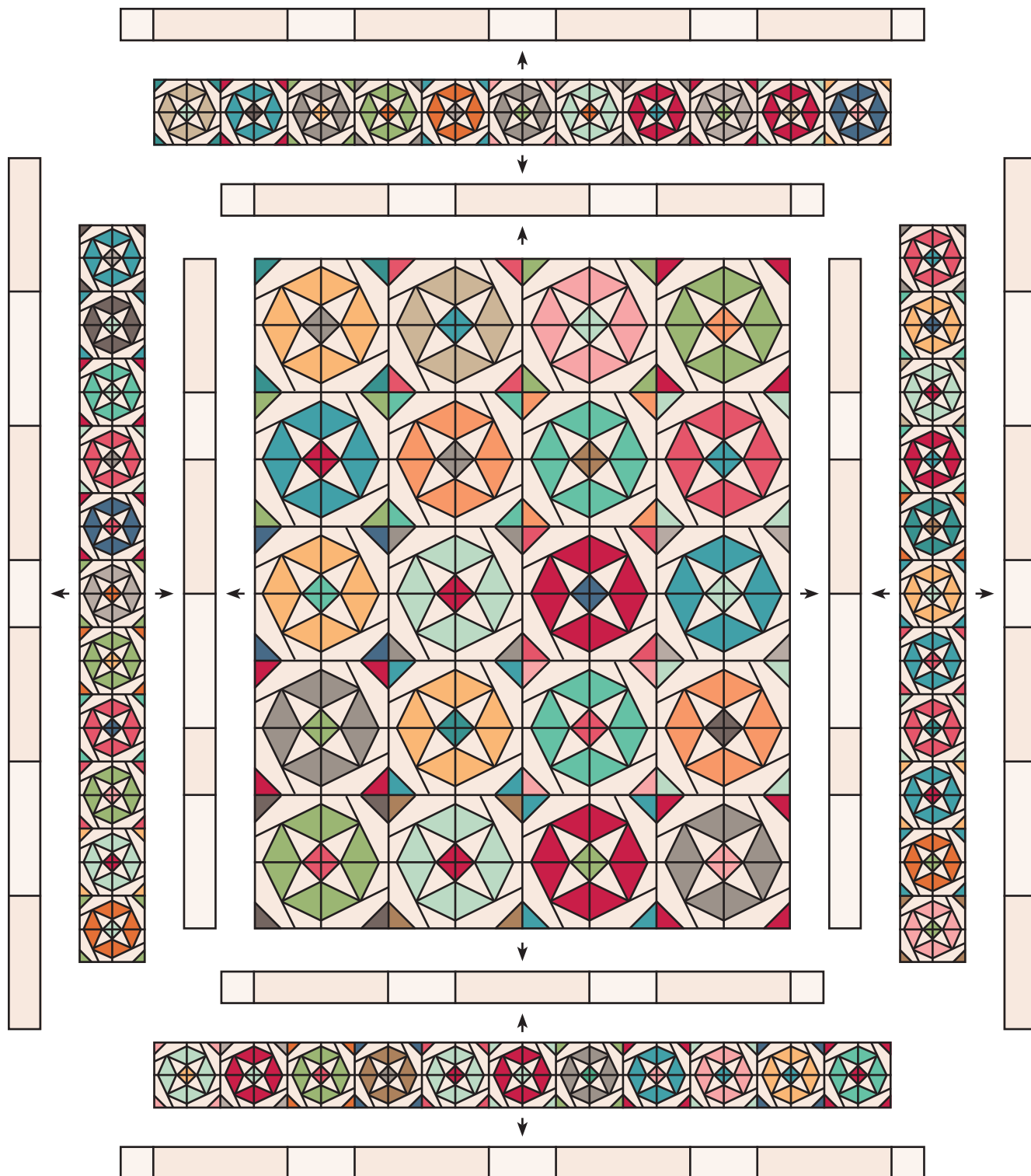
Make two.
 You will not use all Fabric A rectangles.

Vintage Milkmaid's Star Quilt

Attach the Side Inner Borders. Attach the Top and Bottom Inner Borders.

Attach the Side Middle Borders. Attach the Top and Bottom Middle Borders.

Attach the Side Outer Borders. Attach the Top and Bottom Outer Borders.



Vintage Milkmaid's Star Quilt

Finishing

Quilt as desired.

Attach Ric Rac D strips to the sides of the quilt using a $\frac{1}{8}$ " seam allowance.

Attach Ric Rac E strips to the top and bottom of the quilt using a $\frac{1}{8}$ " seam allowance.

Clip ric rac so the unfinished ends are even with the outside edge of the quilt and will be encased inside the binding.

Piece the Fabric F strips end to end for binding.

Bind as desired.