CATALOGUE August 2021

'|ı run beyond

KENYA'S SPECIALIST RUNNING STORE

Warwick Centre, Gigiri



WELCOME TO KENYA'S SPECIALIST RUNNING STORE

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Keep up to date with the recreational running scene by following us on Facebook or Instagram:

@runbeyondke





Welcome to our August 2021 catalogue and there's only one place to start. **Team Kenya**. Despite a few heartbreaks, finishing 3rd in the overall Athletics standings (2nd on total medals) is an amazing result. In particularly, we bow down to **Emmanuel Korir**, **Faith Kipyegon**, **Peres Jepchirchir** and the **GOAT** for bringing home gold.

The hunt for glory continues here in Nairobi, where the next generation of elites are on show in the **World Athletics Under 20 Championships at Kasarani**!

At a more human level, particularly if the cold weather and cancelled races have hit your running mojo, then it's time to start warming up again. There have been some great and unique events in June/July, including the inaugural **Nairobi Marathon Relay** and **Bucketlist Mudathon**. Over the next few months there's lots going on to get you motivated, so it's time to get moving. Check out our **Club Round-up** pages (pg. 11) for more details.

Like many industries, we've seen a lot of disruption to supply chains and challenges and delays in getting stock. Nevertheless, we're happy to have been able to bring in some exciting new gear, as well as additional stock of existing favourites. For shoes, this includes the Asics Nimbus 23 and Evoride 2, and for those with a more minimalist tendency the Altra Rivera; for Garmin, the new Forerunner 55, Venu 2/2S and a whole new Approach series for golfers; and in apparel we're excited by the new Ronhill Tech Twin Tight - their most technical tight yet for men - and our first Sports Hijab.

It's been sad to learn of the passing of **Dr. Ron Hill**, the former Olympian and European and Commonwealth Champion, founder of the Ronhill brand, and holder of the world record running streak at 52 years and 39 days. Ron's passion for running lives on today in Ronhill, who from the start have been amazingly supportive and encouraging of our vision for Run Beyond. This biographical blog capturing Ron's life-long running obsession and achievements is well worth the read.

Finally, we've been blown away by some amazing entries for our **Run Map Kenya** project (and to see a Run Map Kenya tee make it up Mt. Kenya). The **interactive map** is now live **here** and we're looking forward adding more routes. We've extended the Forerunner 245 draw to the end of August and still have Run Map Kenya tees available, so don't delay in getting your entry in.

In the meatime, keep moving and happy running - the Run Beyond Team.









Buy with confidence from your official GARMIN **Business Partner** Spotify FORERUNNER® FOR RUNNERS



Forerunner 45 Ksh 16,950



Forerunner 55 Ksh 19,950



Forerunner 245 Ksh 29,950



Forerunner 745 Ksh 49,950



Forerunner 945 Ksh 59,950



CONNECTING THE MIND AND BODY



Venu Sq Ksh 19,950



vivoactive 4 From Ksh 29,950



Venu 2 Ksh 39,950



Venu Sq Music Ksh 24,950



vivoactive 4S From Ksh 28,950



Venu 2S Ksh 39,950

INDEX S2 SMART SCALE

Ksh 15,950

More than what you weigh

- Weight Trend
- Body Mass Index
- Body Fat Percentage
- Skeletal Muscle Mass
- Bone Mass
- Body Water Percentage



soundcore

by Anker



Life U2* Ksh 5,450



Arc* Ksh 5,450





Fenix 6/6S Pro Ksh 64,950



Fenix 6X Pro Ksh 69,950



Fenix 6/6S Sapphire From Ksh 74,950



Fenix 6/6S Solar From Ksh 74,950







Edge 130 Plus* Edge 530* Ksh 26,950 Ksh 42,950

200€ Bernal Road

GARMIN



Edge 830* Ksh 53,950



Edge 1030 Plus* Ksh 75,450



UT800 Headlight Ksh 17,950 RTL515 Rearview Radar Ksh 21,405



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Introducing the updated Approach series. Highsensitivity GPS golf devices that give you precise distances and other features for thousands of preloaded courses.



Approach G12 - Ksh 15,950



Approach S12 - Ksh 21,950







Approach S42 - Ksh 31,950







Approach S62 - Ksh 54,950





MEN'S SHOES RANGE GUIDE - NEUTRAL

MODEL	Asics Gel- Nimbus 23	Asics Gel- Cumulus 22	Asics Gel-Pulse	Asics Roadblast	Asics Versablast				
TYPE	Road/Neutral	Road/Neutral	Road/Neutral	Road/Neutral	Road/Neutral				
COLOUR									
WEIGHT/ DROP	310g 10mm	264g 10mm	312g 8mm	247g 10mm	208g 10mm				
PRICE	Ksh 16,950	Ksh 13,450	Ksh 10,450	Ksh 9,950	Ksh 7,750				
MODEL	Asics Jolt 2	Altra Torin 4	Asics Rivera	Salomon Sonic 4 Balance	Enda Lapatet				
TYPE	Road/Neutral	Road/Neutral	Road/Neutral	Road/Neutral	Road/Neutral				
COLOUR									
WEIGHT/ DROP	295g 10mm	258g 0mm	257g 10mm	255g 8mm	249g 6mm				
PRICE	Ksh 6,450	Ksh 14,950	Ksh 14,950	Ksh 15,950	Ksh 12,000				
MODEL	Asics Novablast	Asics Dynablast	Asics Glideride 2	Asics Evoride 2					
TYPE	Road/Fast	Road/Fast	Road/Fast	Road/Fast					
COLOUR				No.					
WEIGHT/ DROP	260g 10mm	249g 12mm	284g 5mm	232g 5mm					
PRICE	Ksh 13,450	Ksh 11,450	Ksh 15,450	Ksh 12,950					

MEN'S SHOES RANGE GUIDE - SUPPORT & TRAIL

MODEL **TYPE COLOUR**

WEIGHT/ DROP **PRICE**



Asics GT-2000 Road/Support

281q 10mm Ksh 13,450

Asics GT-2000 9 Knit

Road/Support



281q 10mm

Ksh 13,450

Asics GT-2000

Road/Support



286q 10mm

Ksh 13,450



275q

8mm

Ksh 11,950

PEAK 5



THE EVOLUTION OF TRAIL.



THE LONE PEAK LEGACY HAS COME A LONG WAY SINCE ITS FIRST MODEL WAS RELEASED TEN YEARS AGO. TODAY, THE LONE PEAK 5 MAINTAINS ITS STATUS AS THE TRAIL ICON WE KNOW AND LOVE WITH INCREASED DURABILITY AND FIT FOR AN OVERALL BETTER RIDE. THIS EVOLUTION INCLUDES THE ADDITION OF THE ALTRA EGO™ MIDSOLE, BRINGING AN EXTRA LEVEL OF RESPONSIVENESS TO EVERY STEP YOU TAKE WHILE CONQUERING ANY TYPE OF TERRAIN WITH THE MAXTRAC™ OUTSOLE. THE UPDATED STONEGUARD™ OFFERS MORE COVERAGE WHILE USING LESS MATERIAL AND THE LASER-CUT DRAINAGE HOLES ALLOW YOU TO GET DRENCHED WITH ULTIMATE DRAINAGE. IT'S SAFE TO SAY THAT WITH THE LONE PEAK 5. NO TRAIL IS SAFE.

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MODEL	Altra Lone Peak 5
TYPE	Trail
COLOUR	
WEIGHT/ DROP	318g 0mm
PRICE	Ksh 15,950



Altra Lone





Salomon

Supercross

315g 10mm Ksh 12,450

Asics Gel- Venture 8	
Trail	



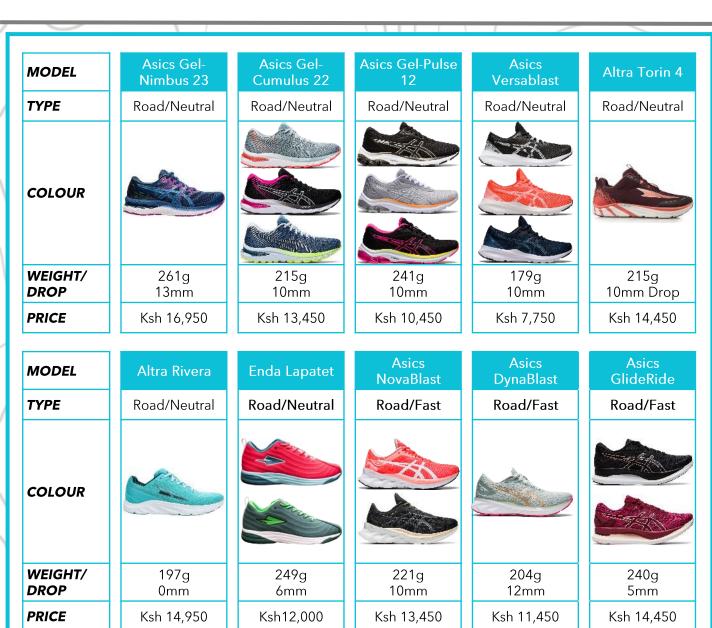
Ksh 7,250

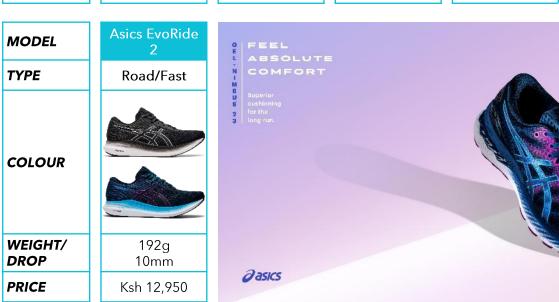


Asics Gel-

10mm Ksh 7,250

WOMEN'S SHOES RANGE GUIDE - NEUTRAL





WOMEN'S SHOES RANGE GUIDE - SUPPORT AND TRAIL

MODEL **TYPE**

Asics Gel-Kayano 27

Road/Support



Asics Gel-Kayano 26 Road/Support

221q 10mm

Asics GT-2000

Road/Support

Ksh 13,450

Asics GT-1000

Road/Support



224q 8mm

Ksh 11,950

Altra Paradigm 4.5

Road/Support



261g 0mm

Ksh 15,950

WEIGHT/ DROP

PRICE

MODEL

TYPE

COLOUR

249g 13mm Ksh 16,950

Altra Lone

Peak 4.5

Trail

260g 13mm

Ksh 16,950

Altra Superior

Trail

Supercross

Trail

Asics Trail Scout



COLOUR

WEIGHT/ 247g DROP 0mm **PRICE** Ksh 14,450

187g 0 mm

Ksh 13,450

260g 10mm

Ksh 12,450

Trail



223g 9.5mm

Ksh 6,450

SUPPORT

Lightweight feel for a more comfortable ride.



2 O 9

JUNIOR SHOES RANGE GUIDE

MODEL

Altra Lone Peak

Asics Gel-Cumulus 22

Asics GT-1000 Altra Kokiri 9 GS

New Balance Fresh Foam Zante 4











PRICE

Ksh 6,950 Ksh 7,950

Asics Contend

Ksh 6,450

Ksh 5,950

Asics Jolt GS

Ksh 5,950 Ksh 6,950

Ksh 5,450 Ksh 6,950

MODEL

COLOUR

6 PS





Asics Patriot 11 PS





Ksh 3,950 Ksh 4,750

Asics Patriot 10 GS **Asics Amplica**





Ksh 3,950 Ksh 5,750

PRICE

Ksh 4,950

Ksh 4,950

Ksh 4,450



CLOTHING AND ACCESSORIES HIGHLIGHTS

EVERYDAY VALUE Ksh1,450

Ronhill Men's and Women's Core Tees and Vests





Core Tight Ksh 3,450 Tech Stretch Tight Ksh 5,450 Tech Twin Tight Ksh 6,950



Core Run Capri Ksh 2,700 Life Poise Crop Tight Ksh 5,450 Life Sculpt Tight Ksh 5,450



Asics Sports Hijab Ksh 3,250



Ultimate Run Bra Ksh 4,950 Ultimate Run Bra Padded Ksh 5,450



Performance Running Socks From Ksh 650





Merino Hat Ksh 2,450

Classic Beanie & Glove Ksh 2,450



Contour Beanie & Glove Ksh 2,450



Ksh 2,200

Matrix Headband

Ksh 1,800



Wrist Bottle 270ml - Ksh 600



Ksh 2,200



Mad-Fitnes Mini Power Loops Ksh 300 -Ksh 500



Phone Arm Bands From Ksh 2,300



Massage and Rollers Tread Foam Roller Ksh 3,450 Atom Massage Stick Ksh 2,950 Foot Massage Roller Ksh 1,950 Spikey Massage Ball - Large Ksh 650 Atom Massage Stick - Small Ksh 450



Kinesio Tape Classic 4m Box Ksh 1,450 FP 5m Box Ksh 1,550 Classic 1m Cut Ksh 300 FP 1m Cut Ksh 450 10

CLUB ROUND-UP

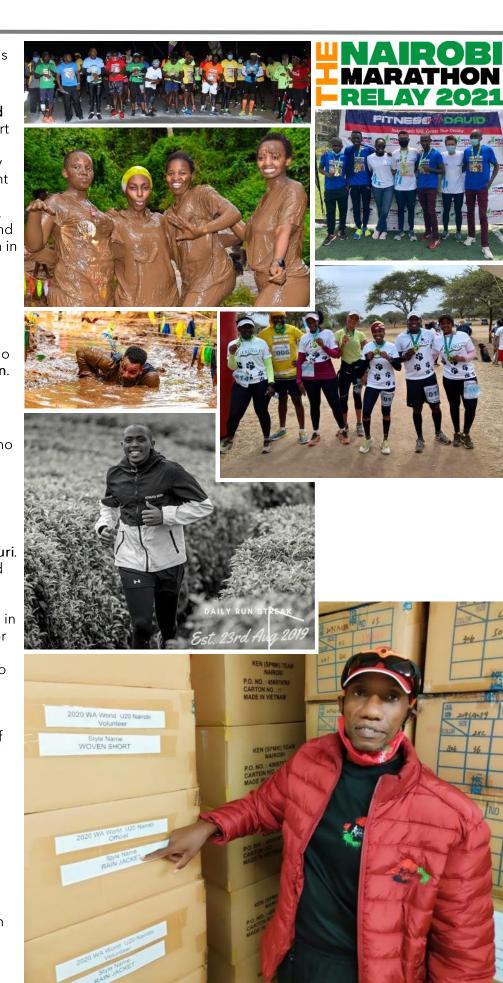
Great to see some amazing things going on despite COVID disruptions!

Massive congratulations to David Thuo and everyone who took part in Nairobi Marathon Relay. 22 teams competed the six-leg relay which is set to become a highlight of the Nairobi race calendar. Special thanks to our team of Jai, Joseph, Jabez, Kelvin, Martin and Charles who finished the 42.4km in 2:44:51, behind Team Pesa Craft who took first place in 2:37:32.

We applaud everyone who, despite the recent cold weather, took on Bucketlist Adventures Mudathon as well as to those who completed the Lukenya Trail Run. The mud monster photos and smiles are particularly enjoyable.

We'd like to be the first to congratulate Muindi Kimanzi, who this month completes a 2 years daily running streak. It's big commitment and no mean feat. Well done Muindi.

Finally what a year it's been for Kenyan legend Douglas Wakiihuri. The former World Champion and Olympian, who continues to contribute at both elite and recreational levels (pictured here in his role as Director of Logistics for the World Athletics Under 20 Championships) has received two special honours: first the Government of Japan awarded Douglas the Order of the Rising Sun, Gold and Silver Star - one of it's highest national honours - for his contribution to the development of the bilateral relationship between Japan and Kenya in the sporting field; and, closer to home, Nairobi MCAs approved the renaming of Aerodrome Road (adjacent to Nyayo National Stadium) as Douglas Wakiihuri Road. Congratulations Douglas on both counts for these well deserved recognitions.



COMING UP

AUGUST 2021

- 14th: Nairobi Run (virtual*) https://www.nairobi.run/
 - *clubs are putting on runs across Nairobi. Check our social media for details
- 15th: Karen Triathlon @karentriclub; 0708 134 152
- 21st: Urban Swaras Voi Ultra https://forms.gle/A6323DRxS QCSqVJi9
- 28th: HAVOC Naivasha, 0721 795 744

SEPTEMBER 2021

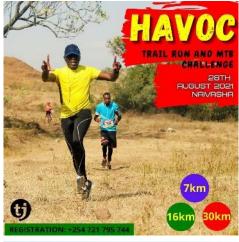
• 4th: Huntington's Disease Charity Run - Oloolua Forest, Karen

OCTOBER 2021

- 2nd: HHH Nairobi-Naivasha Relay @@@, 0721 892 577
- 10th: TJ Walk-a-Thon -Upperhill, 0721 795 744
- 25th-31st: Standard Chartered Nairobi Marathon (Virtual) https://www.nairobimarathon.c
- FKF Anniversary Race Karura Forest - date TBC

Organisers

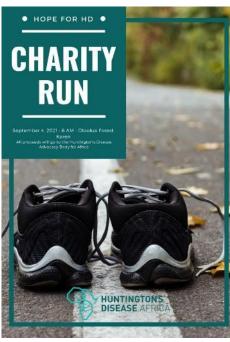
If you have a race, group or other fitness activity that you would like us to promote, please reach out to Hilda: hilda@runbeyond.co.ke

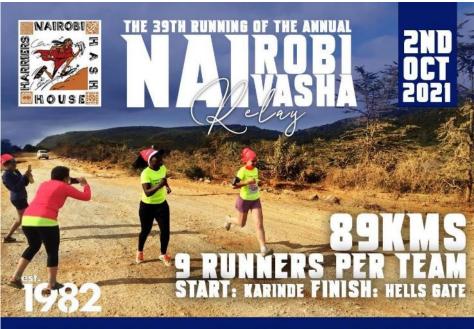






21st August





Standard Chartered Nairobi Marathon

CLEARANCE OFFERS (US SIZES)

	Model	Colour	Original Price	Current Price	7	7.5	8 8	8.5	9 9.5	5 10	10.5	11	11.5	12	2 12.	5	13 1	3.5	14	15	16	17	
	Men's Gel-Kayano 24	Black/Phantom/White	16,950																				
M	Men's Gel-Nimbus 20	Black/White/Carbon	16,950 16,950											+		_					\rightarrow	_	
		-Nimbus 21 Black/Lemon Spark Black/Safety Yellow			Н					+						+						=	
	Men's Escalante 2 Blue		16,950 13,950	9,950	П																	Ξ,	
		Illusion Blue/Black	13,450	9,950																			
	Men's Gel-DS Trainer 25	Black/Metropolis	13,450	9,950																	\rightarrow	_	-
		Fiery Red/White Bolt/Energy Lime	13,450 16,950	9,950 8,950												+					\rightarrow	-	
		Deep Pacific/Black	16,950	8,950												_					+	\dashv	
		Limoges/Peacoat/Gold Fusion	13,250	8,950																		\neg	
	Men's Gel-Cumulus 20	Race Blue/Peacoat	13,250	8,950																			
V.	Men's GT-2000 7 Lemon Spark/Black		13,450	8,950																			
١		Safety Yellow/Black/White	11,950	8,950					_							_					\rightarrow	_	
١	Men's RoadHawk FF 2	Black/Glacier Grey Black/Rich Gold	11,450 11,450	8,450 8,450	Н				+-							+			-		\dashv	\dashv	
		Deep Aqua/Flash Yellow	11,450	8,450					+							+					+	\dashv	
	Men's Gel-451	Neon Lime/White	11,750	7,950																	\top	\neg	
	Men's Gel-Kenun MX	Stone Grey/Stone Grey/Safety Yellow	13,250	7,950																			
\	Men's 880v9	Orion Blue / Sulphur Yellow	9,950	7,450																			
1		Moroccan Tile/Nimbus Cloud	8,950	6,950																	_	_,	/
	Men's FuelCore 5000	Petrol/Black Black/Flame	8,950 9,950	6,950 6,950	Н											+					\dashv	-	
)	Men's Sonic	Navy	9,950	6,950	Н											+					+	\dashv	
	Men's 670v5	Blue	8,250	5,450	Н																\pm		
	Men's Gel-Excite 5	Black/Shocking Orange	8,250	5,450																			
		Black/Shocking Orange	6,850	4,950																			
	'	Race Blue/Deep Ocean	6,850	4,950					_					_							\rightarrow	_	
	Men's Gel-Torrance	Black/Stone Grey	6,950	4,950					_	_						٠,	,					$\overline{}$	
	Model	Colour		Origi Pric			rren rice		5.5	6 6.	5 7	7.5	8 8.5	9	9.5	10	10.	5 11	11	.5	12	13	١
/		Diva Pink/Mojave		16,9		_													+		\pm	-	
٧	Women's Gel-Kayano 25	White/Peacoat				11																	
١		White/White		16,9																	_	_	
١	Women's Gel-Nimbus 20	Black/White/Carbon Porcelain Blue/White/Asics Blue		16,9 16,9			,450 ,450							+					\vdash		\dashv	\dashv	
	Women's 880v9	Cedar Quartz with Light Reef / Ligh	ıt Aluminu				,450 ,950							+									
Ĺ	Women's Escalante 2	Grey		13,9			,950														T		
٦		Rose/Coral		13,9			,950																
	Women's Gel-DS Trainer 24	Mist/Illusion Blue		13,4			,950														_	_	
\	Women's Gel-DS Trainer 25 Women's 1080v7	Electric Blue/Pure Silver Black/Silver		13,4 12,7			,950 ,950							+					╀		\dashv	_	
١	Women's Fresh Foam 1080v7			12,7			,950														+	\dashv	
١	Women's Gel-Cumulus 19	Aruba Blue/Aruba Blue/Turkish Tile	е	13,2			,950														\top	\neg	
	Women's Gel-Cumulus 20	Azure/Blue Print		13,2			,950																L
	Women's Gel-Cumulus 21			13,4			,950														_	_	`
		Black/White Black/Silver/White		13,4 11,4			,950 ,450														\rightarrow	-	L
		Black/Rich Gold		11,4			,450 ,450														+	-	
7	Women's RoadHawk FF 2	Laser Pink/Sour Yuzu		11,4			,450																
	Women's Noosa FF 2	Aruba Blue/Indigo Blue/Fuchsia Pu	ırple	13,2			,950														\Box		
		Black/Hot Pink		13,2			,950														\dashv	_	
٠,	Women's 860v8 (D) Women's 880v8	Black/Poisonberry Blue Iris/Pigment/Solar Yellow		12,9 11,4			,450 ,450				+			+					+		+	-	
	Women's 880v8 (D)	Blue Iris/Pigment/Solar Yellow		11,4			,450 ,450							+					\vdash		+	-	
_	Women's GT-1000 7	Mid Grey/Flash Coral					,450														\top		
	Women's Fresh Foam Hierro v			12,9			,950																
\	Women's Fresh Foam Lazr	Grey/Phantom/White		8,9			,950						_	_					╄		\dashv	_	
J	Women's Fresh Foam Zante v4 Women's FuelCore 5000	Light Petrol/Black Conch Shell/Latte		9,9 8,9			,950 ,950											+			+	\dashv	
Blue Print/Blue Print			9,2			,95(+			+	-	4	
Women's (adl-Pulse 10)		Cordovan/Cordovan		9,2			,950																
	Women's Sonic	Black/Dragonfly		9,9		6	,950	С															7
	Women's Fresh Foam Arishi	Grey/White		6,9			,450				$\perp \downarrow \downarrow$		\perp	+				+			\dashv	_	
Women's Gel-Excite 5 Peacoat/Flash Coral Smoke Blue/Smoke I		Peacoat/Flash Coral Smoke Blue/Smoke Blue/Hot Pink		8,2 8,2			,450 ,450						_	+				+			+	-	
_	W LCIT	Black/Diva Pink		7,2			,450 ,450						+								+	\dashv	
	Women's Gel-Torrance MX	Peach Petal/Frosted Rose		7,2			,450 ,450															\exists	
-	Women's Gel-Venture 6	Indigo Blue/Aruba Blue/Mid Grev		7.2	$\Gamma \Lambda$	4	.450	2						T									

7,250

6,250

5,250

4,450

4,450

4,450

4,450

Limited stock - subject to availability = size available

Indigo Blue/Aruba Blue/Mid Grey

Peach Petal/Fuchsia Purple
Smoke Blue/Fuchsia Purple/Indigo Blue

Aquarium/White

Women's Gel-Venture 6

Women's Patriot 10

Women's Stormer 2