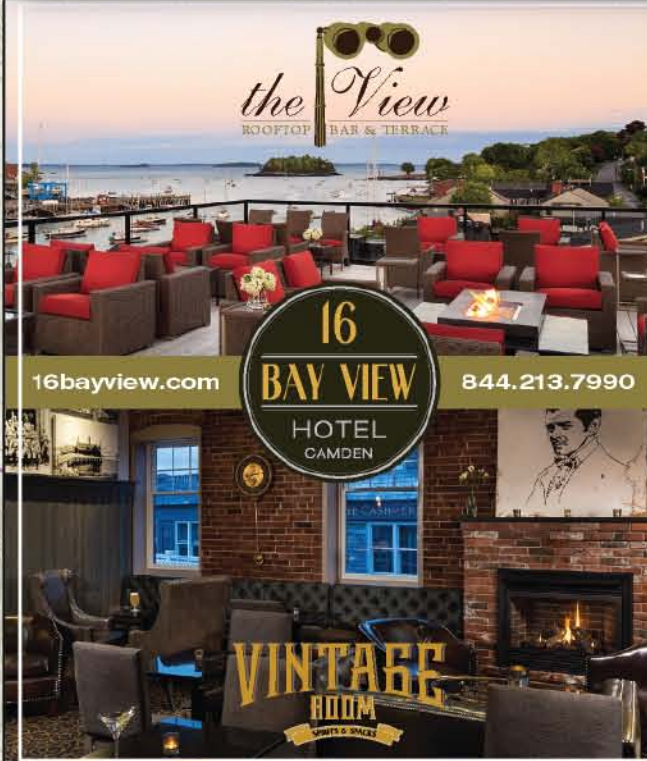


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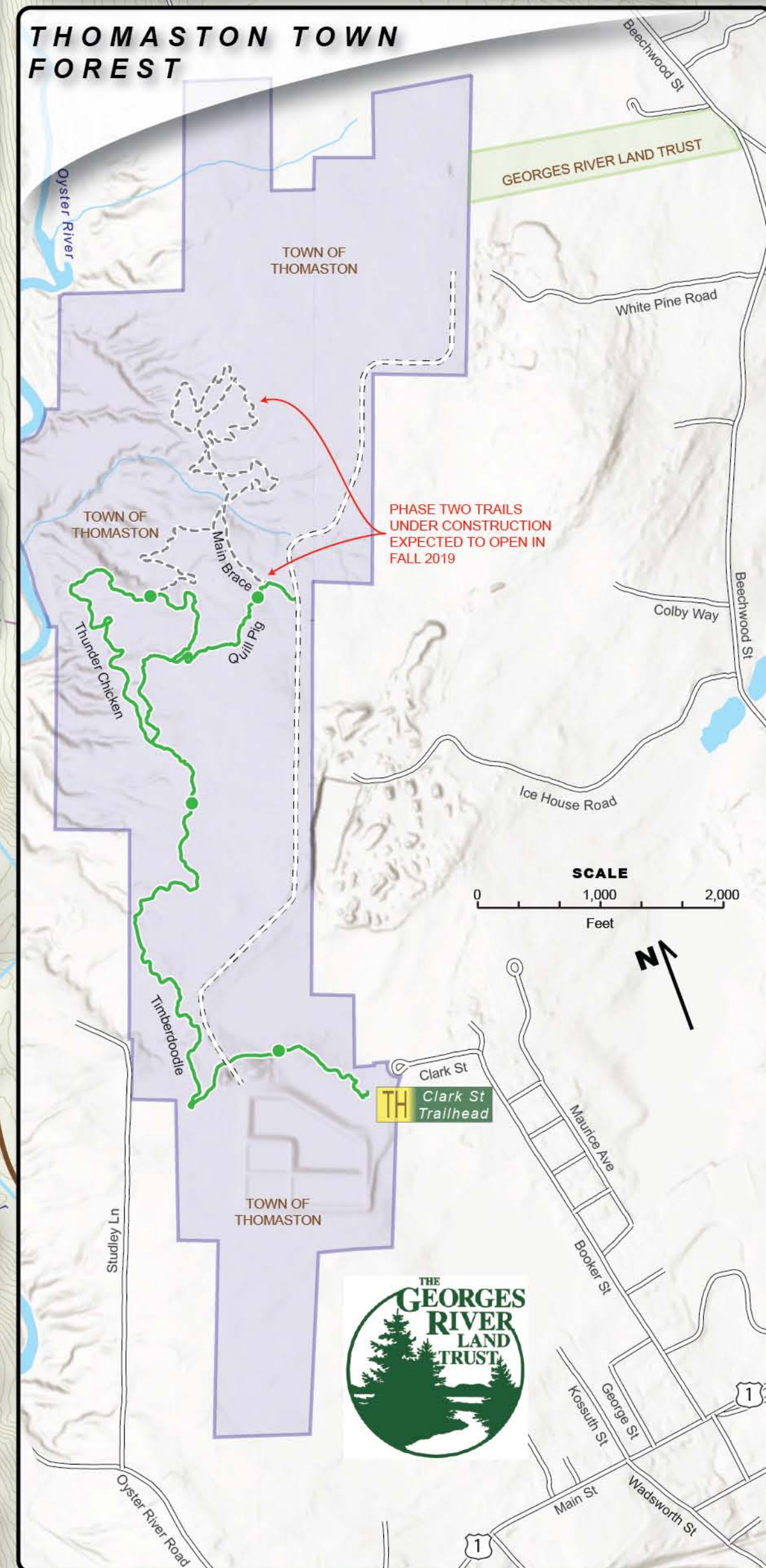
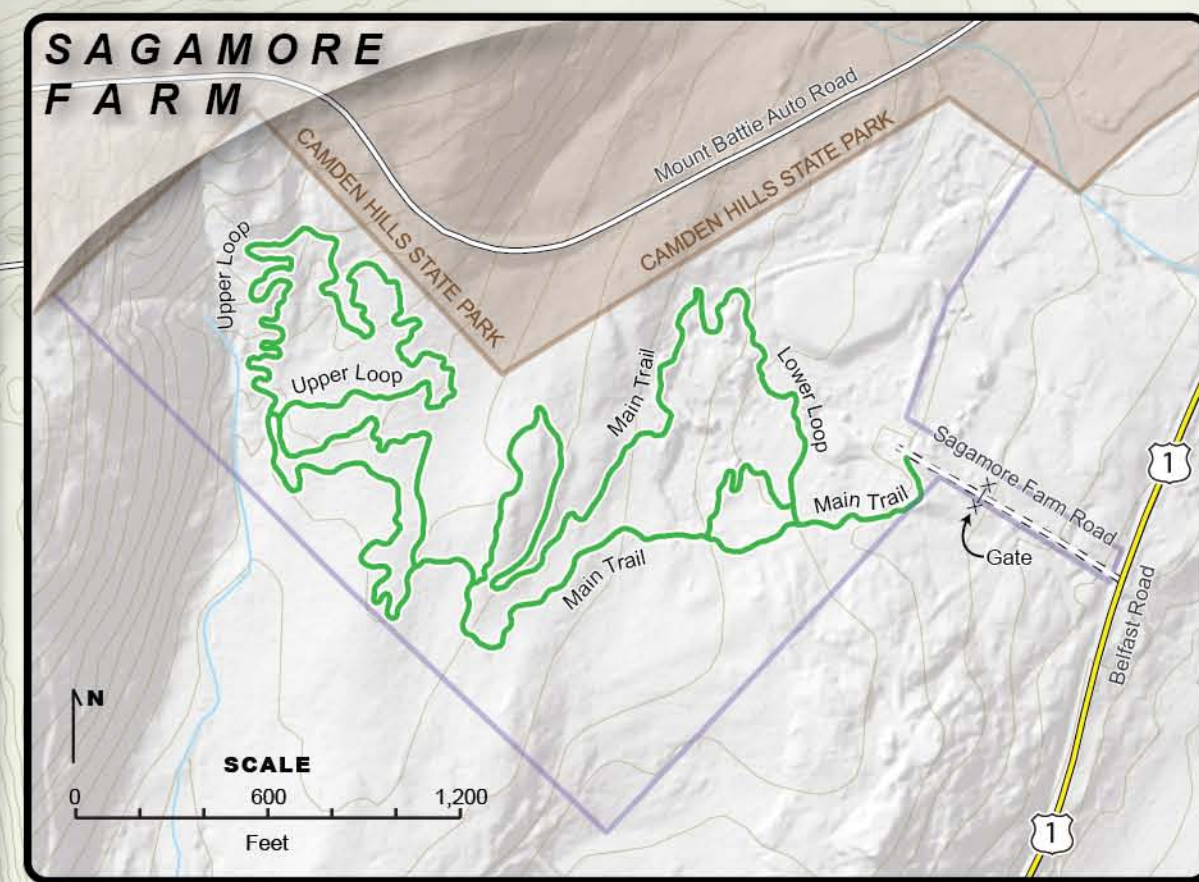
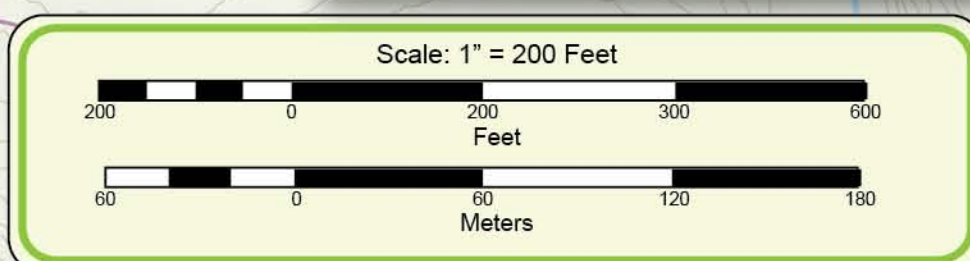


Please be respectful of private property and **RIDE ONLY ON MARKED TRAILS AND OBEY ALL SIGNS**. NEMBA works hard to maintain a good relationship with the adjoining landowners to this trail system. Please do your part by staying off posted property and encourage other riders to do the same.

There is **NO PARKING** at the Rollins Road Trailhead. If you are driving to the trail **PLEASE PARK AT THE SNOW BOWL TRAILHEAD.**



The logo for Camden Law is displayed on a red background. On the left is a stylized flag with three horizontal stripes: the top stripe is white, the middle is blue, and the bottom is white. To the right of the flag is a square divided into four smaller squares: the top-left is yellow, the top-right is black, the bottom-left is black, and the bottom-right is yellow. A vertical white line separates this graphic from the text 'CAMDEN LAW' on the right, which is written in white, uppercase, sans-serif font.



Thank you Landowners

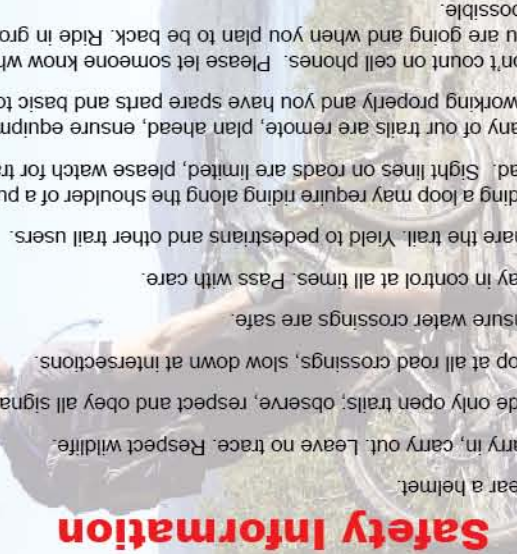
- Without the permission of public and private landowners, our trail system would not be possible. We thank you!
- Please respect landowners. Ride only on marked trails.
- This trail system is a work in progress. In time we plan to expand the network throughout the area.

Please note:

► The user of this path bears full responsibility and assumes all risk for this or her safety. Midcoast Region NEMBA, the Town of Clarendon, the Coastal Mountains Land Trust, and affiliates will not accept responsibility for personal injury and/or property damage while using this map.

Emergency Information

- ▶ In the event of a medical emergency, first attempt to use a cell phone to call 911.
- ▶ If riding in a group of three or more, have at least one person stay with the injured person.
- ▶ Mark the location of the injured person on a map, and if possible use a GPS to get a coordinate.
- ▶ DO NOT attempt to move the injured person if a head, neck or back injury is suspected.
- ▶ Attempt to keep the injured person warm and dry.
- ▶ Assist the injured person to the nearest road if the injury is not to the head, neck or back.



Trail Rules & Safety Information

- ▶ Wear a helmet
- ▶ Carry in, carry out. Leave no trace. Respect wildlife.
- ▶ Ride only open trails, observe, respect and obey all signage.
- ▶ Stop at all road crossings, slow down at intersections.
- ▶ Ensure water crossings are safe.
- ▶ Stay in control at all times. Pass with care.
- ▶ Share the trail. Yield to pedestrians and other trail users.
- ▶ Riding a steep may require riding along the shoulder of a public road. Sight lines on roads are limited, please watch for traffic.
- ▶ Many of our trails are remote, plan ahead, ensure equipment is working properly and you have spare parts and basic tools.
- ▶ Don't count on cell phones. Please let someone know where you are going and when you plan to be back. Ride in groups if possible.
- ▶ Always ride with food and plenty of water.

**Mountain Bike
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