Crystals for the Feminine



All crystals come from the earth or Divine Mother or Gaia. Even though these crystals are about the Divine Feminine or feminine energy, it does not exclude men. We all have male/female energies, regardless of gender. By wearing any of these crystals or keeping them in your energy field, can help balance, enhance and connect with your inner divine feminine.

# Amazonite

Amazonite balances your own feminine and masculine energies. It helps you to feel very comfortable with truth and your feminine side. Work with Amazonite to let go of any blocks in this area.



# Aquamarine

Aquamarine is a blue/green crystal that is representative of flowing, cleansing water. It helps with courage to let go, encourages us and supports us in the process. It's like being wrapped in your Mother's arms and feeling protected.



Carnelian

Carnelian is a very pretty orange with white crystal that helps with creativity and fertility. It is also a stone of gratitude and helps you to trust and believe in yourself.



Chrysocolla

Chrysocolla is the Queen of the Feminine stones. It is all about the Divine Feminine from its colour to its energy. It helps us feel comfortable in our own skin and with our feminine side. This crystal teaches us how to quietly be in our own power.

# Kunzite

Kunzite helps best when worn as a pendant close to the heart. It brings a different aspect of the feminine in the form of Divine Love or Celestial feminine and a stone of the higher, cosmic or spiritual heart.



Larimar

Larimar is a stone of peace, tranquility and love. It encourages going with the flow as its beautiful swirls of blue and white remind us of white sand beaches and turquoise water. A feminine stone that helps women to reconnect to their feminine side and helps to harmonize and balance hormones.

#### Moonstone

Moonstone comes in white, peach, grey, black and white with a rainbow flash. It is a stone of new beginnings and well known for its properties for fertility, pregnancy, birthing and rebirthing. Moonstone represents the cycles and flowing energy of the moon, and calms, soothes and balances.

# Morganite

Morganite, also known as Pink Emerald, is a soft pink crystal and brings Divine Love to the heart and emotions. It helps release old pain and hurt to be able to move forward into trust and joy.



### Pink Calcite

Pink Calcite, or Mangano Calcite, is a feminine crystal of the heart and enhances love and compassion. It promotes the feminine nurturing side regardless if you are a man or a woman.



Quartz

You wouldn't normally think that Quartz would be a feminine crystal as it has quite strong direct energy. However, the cloudier the Quartz is, the softer and more feminine it is. The clearer it is, the more masculine. When a piece has both clear and cloudy parts it is strong tool to balance those energies.

Rose Quartz

Rose Quartz is the softer side of Quartz with it's beautiful pink ray. It has the soft feminine energy of compassion, peace, tenderness, emotional healing and comfort. Rose Quartz is good to give people who are in the hospital as it is comforting, non intrusive and is not detoxifying. It is just like being protected by your Guardian Angel.

## Selenite

Selenite was named after Selene, Greek for Moon. It helps to remove blocks and cleanse the aura, connect with your higher self. Some call Selenite a Goddess crystal as it helps you connect to your own inner femininity.

About the Author



Linda has owned and operated her own crystal shop, Soul Food Crystals and Books, since 2006. She has been using and working with crystals since 1996 as well as doing readings and teaching palmistry, intuitive tarot, tea leaves and beginner to advanced crystal classes. Linda loves crystals, helping people understand and work with them to heal and balance.