



Yogi Organic Tea
(selected varieties)

2/\$7

16 ct



Vital Proteins Collagen Peptides
(selected varieties)

\$18.99

10-13.5 oz



Miyoko's Organic Vegan Butter

\$4.49

8 oz



Food For Life Organic Ezekiel 4:9® Bread
(selected varieties)

\$5.49

24 oz



Lightlife Organic Plant Based Tempeh
(selected varieties)

\$2.79

8 oz



Hu Grain-Free Crackers

\$4.49

4.25 oz



GoMacro Organic MacroBar

2/\$5

2-2.3 oz



Muir Glen Organic Tomatoes
(selected varieties)

5/\$5

14.5 oz



Native Forest Organic Coconut Milk
(selected varieties)

\$3.29

13.5 oz



C2O Coconut Water
(selected varieties)

\$1.79

17.5 oz



REBBL Organic Super Herb Elixir
(selected varieties)

\$2.79

12 oz



**Wild Planet
Sardines**



2/\$4

4.4 oz

**CADIA
Organic Beans
(selected varieties)**



\$1.29

15-16 oz

**Miracle Noodle
Plant Based Noodles
(selected varieties)**



\$3.79

7-8 oz

**Lundberg Family Farms
Organic Rice Pouches
(selected varieties)**



\$7.99

2 lb

**Safe Catch
Elite Wild Tuna
(selected varieties)**



\$2.99

5 oz

**Ancient Harvest
Organic Polenta
(selected varieties)**



\$2.99

18 oz

**Mike's Mighty Good
Craft Ramen
(selected varieties)**



\$1.79

1.6-2.4 oz

**Mori-Nu
Silken Tofu
(selected varieties)**



\$1.49

12.3 oz

**Maya Kaimal
Organic Everyday Dal**



\$3.29

10 oz

**Daiya
Deluxe Dairy-Free Mac & Cheese
(selected varieties)**



\$3.49

10.6-10.9 oz



Siete is a Mexican-American food brand, rooted in family, that makes delicious better-for-you products. We use simple and nourishing ingredients to inspire inclusivity around the table because together is better.



**Siete
Grain Free Tortillas
(selected varieties)**

\$6.49

8 ct



**Siete
Grain Free Taco Shells**

\$4.29

5.5 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of January.



Bragg is here to help you live more vibrantly, every day. With an ever-expanding portfolio of ingredient-led products backed by a century of time-tested wisdom, Bragg remains passionately focused on helping everyone eat better, feel better, and enjoy a more healthful and vibrant life.



Bragg
Organic Apple Cider Vinegar

\$5⁷⁹

32 oz



Bragg
Organic Apple Cider Vinegar Drink

\$2⁹⁹

16 oz



Bragg
Apple Cider Vinegar Capsules

\$14⁴⁹

90 cap

Primal Kitchen
Mayo with Avocado Oil
(selected varieties)



\$7⁷⁹

12 oz

Once Again Nut Butter
Organic Tahini



\$7²⁹

16 oz

4th & Heart
Ghee
(selected varieties)



\$9⁷⁹

9 oz

Chosen Foods
Avocado Oil Spray
(selected varieties)



\$4⁹⁹

4.7 oz

Nutiva
Organic Coconut Oil
(selected varieties)



\$11⁹⁹

23 oz

Pacific Foods
Organic Broth
(selected varieties)



\$3⁹⁹

32 oz

Napa Valley Naturals
Organic Extra Virgin Olive Oil



\$11⁹⁹

25.4 oz

Kettle & Fire
Bone Broth
(selected varieties)



\$5²⁹

16.9 oz

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Our mission is to cultivate a healthier and happier world by spreading goodness through nourishing foods, honest words and conduct that is considerate and forever kind to the planet.



Annie's
Organic Bunny Crackers
(selected varieties)

2/\$6

7.5 oz



Annie's
Mac & Cheese
(selected varieties)

4/\$5

6 oz



Annie's
Organic Fruit Snacks
(selected varieties)

2/\$6

4 oz

Terra Chips
Sweet Potato Chips

\$3.29

6 oz



Lesser Evil
Organic Popcorn
(selected varieties)

\$2.79

4.6-6.4 oz



From The Ground Up
Cauliflower Crackers

2/\$6

4 oz



Larabar
Fruit & Nut Bar
(selected varieties)

79¢

1.6-1.7 oz



No Cow
Protein Bar
(selected varieties)

\$1.99

2.12 oz



ProBar
Meal Bar
(selected varieties)

2/\$5

3 oz



Made in Nature
Organic Dried Fruit
(selected varieties)

\$4.29

3-7 oz



Justin's
Almond Butter
(selected varieties)

\$8.49

16 oz



Purely Elizabeth
Granola
(selected varieties)

\$4.99

8-12 oz



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**Bob's Red Mill
Muesli**

\$4²⁹

18 oz



**Bob's Red Mill
Organic Old Fashioned
Rolled Oats**
(selected varieties)

\$7²⁹

32 oz



**Bob's Red Mill
Peanut Butter Bar**

4/\$5

1.76 oz

Breakfast is better with Bob's Red Mill!
Whether you enjoy a bowl of creamy, delicious oatmeal at the table or a grab-and-go bar on the road, we have a wide range of whole grain breakfast options you'll love, including gluten free and organic choices. It's good food with great heart.



**Catalina Crunch
Keto Friendly Cereal**
(selected varieties)

\$6⁷⁹

8-9 oz



**Cascadian Farm Organic
Organic Cereal**
(selected varieties)

2/\$7

9.2-16 oz



**One Degree Organics
Organic Sprouted Cereal**
(selected varieties)

\$4²⁹

8-10 oz



**Birch Benders
Organic Pancake & Waffle Mix**
(selected varieties)

\$3⁴⁹

16 oz



**Lakanto
Monkfruit Sweetener**
(selected varieties)

\$4⁷⁹

235 g



**Big Tree Farms
Organic Coconut Sugar**
(selected varieties)

\$3⁷⁹

16 oz



**Navitas
Organic Cacao Powder**

\$6⁷⁹

8 oz



**The Ginger People
Gin Gins® Ginger Candy**
(selected varieties)

\$2²⁹

3-3.5 oz



**SmartSweets
Candy**
(selected varieties)

2/\$5

1.8 oz



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Sustainable, herbal wellness, nutrient-rich organic herbal supplements formulated by master health practitioners to meet your specific wellness needs. Every herb and spice is cultivated by way of organic, regenerative methods for mind, body, spirit and whole Earth wellness.



Organic India
Organic Tulsi Tea

\$3⁹⁹

18 ct



Organic India
Organic Ashwagandha

\$16⁹⁹

90 cap

Celestial Seasonings
Tea
(selected varieties)

\$2⁹⁹

20 ct



Teeccino
Dandelion Roasted Herbal Tea
(selected varieties)

\$4⁴⁹

10 ct



Four Sigmatic
Organic Ground Mushroom Coffee
(selected varieties)

\$12⁴⁹

12 oz



Laird Superfood
Superfood Creamer
(selected varieties)

\$6⁴⁹

8 oz



nutpods
Dairy-Free Creamer
(selected varieties)

\$2⁴⁹

11.2 oz



SweetLeaf
Liquid Stevia
(selected varieties)

\$5⁷⁹

2 oz



Zevia
Zero Calorie Soda

\$4⁹⁹

6 ct



Nixie Sparkling Water
Organic Sparkling Water
(selected varieties)

\$4⁷⁹

8 ct



Essentia
Alkaline Water

2/\$4

1.5 lt



Lakewood
Organic Pure
Pineapple Juice

\$6²⁹

32 oz



R.W. Knudsen
Organic Just Tart
Cherry Juice

\$6⁷⁹

32 oz



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Milkadamia
Macadamia Milk

\$3.99

32 oz



Almond Breeze
Almondmilk

\$2.79

32 oz



Orgain
Organic Vegan
Nutritional Shake
(selected varieties)

\$2.49

11 oz



Goldthread
Plant Based Tonic
(selected varieties)

\$3.49

12 oz



Vita Coco
Coconut Water
(selected varieties)

\$3.99

1 lt



Harmless Harvest
Organic Coconut Water

\$3.29

16 oz



Almond Breeze
Almondmilk
(selected varieties)

\$3.49

64 oz



Peanut Butter Yogurt Bowl

½ cup Greek yogurt

½ cup smooth peanut butter

2 tablespoons maple syrup

1 serving **Vital Proteins®**

Collagen Peptides

Toppings:

Coconut Shreds

Granola

Chocolate

1 In a bowl, whisk together Greek yogurt, peanut butter, maple syrup, and **Vital Proteins® Collagen Peptides**. Combine until creamy, whipped and smooth.

2 Divide into bowls and top with the toppings of your choice. Enjoy!



CALIFIA FARMS®

Califia Farms (pronounced Cal-uh-FEE-ahh). Just like our California home, we're named after the legend of Queen Califia. Our plant-based dairy-free products are oh so easy to love, with all the flavor & versatility you deserve.



Califia Farms
Barista Blend Oatmilk

\$4.49

32 oz



Califia Farms
Oatmilk
(selected varieties)

\$5.99

48 oz



Califia Farms
Almondmilk

\$5.29

48 oz

KeVita
Organic Sparkling
Probiotic Drink
(selected varieties)



\$2.29

15.2 oz

Perfect Bar
Organic Protein Bar
(selected varieties)



\$2.29

2.2-2.5 oz

Forager Project
Organic Cashewmilk Yogurt
(selected varieties)



\$4.99

24 oz

Brown Cow
Cream Top Whole Milk Yogurt
(selected varieties)



5/\$5

5.3 oz

Cocojune
Organic Dairy-Free
Coconut Yogurt



\$1.69

4 oz

Violife
Just Like Feta Block



\$5.29

8.1 oz

Bitchin' Sauce
Sauce
(selected varieties)



\$4.79

8 oz

JUST
Plant-Based
Egg Scramble



\$2.99

12 oz

Field Roast
Plant-Based Sausages
(selected varieties)



\$4.79

9.3-12.95 oz

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Beyond Meat
Beyond Burger

\$3.99

8 oz



Beyond Meat
Beyond Sausage Links

\$5.79

14 oz



Beyond Meat
Beyond Breakfast Sausage

\$3.29

7.4 oz



BEYOND MEAT

Our plant-based meats are made with simple, non-GMO ingredients to deliver the meaty experience you crave without the compromise. Each of our products are also a good source of protein with no cholesterol.

Gardein
Meatless Meat
(selected varieties)

\$3.99

8.8-13.7 oz



Bonafide Provisions
Organic Bone Broth
(selected varieties)

\$7.79

24 oz



Cascadian Farm Organic
Organic Potatoes
(selected varieties)

\$3.79

16 oz



Against The Grain
Gourmet Pizza
(selected varieties)

\$9.79

24 oz



Daiya
Dairy-Free Pizza

\$5.29

13.47-19.4 oz



Sambazon
Organic Frozen Fruit
Smoothie Packs
(selected varieties)

\$4.99

4/100 g



Dr. Praeger's
Veggie Burgers
(selected varieties)

\$4.99

10 oz



Van's
Waffles
(selected varieties)

\$2.99

8-9 oz



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**Ancient Nutrition
Multi Collagen
Protein Powder**

\$38⁹⁹

459-535 g



**Garden of Life
Organic Raw Protein Powder
(selected varieties)**

\$36⁹⁹

560-660 g



**Youtheory
Collagen**

\$19⁹⁹

290 tab



**ChildLife Essentials
Liquid Vitamin C**

\$5⁷⁹

4 oz



**Jarrow Formulas
Methyl B12**

\$10⁴⁹

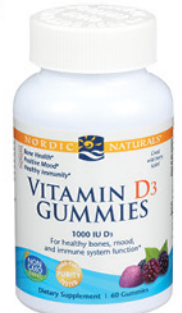
100 tab



**Nordic Naturals
Vitamin D3 Gummies
(selected varieties)**

\$10⁹⁹

60 ct



**Natural Vitality
Natural Calm
(selected varieties)**

\$24⁹⁹

16 oz



**Manitoba Harvest
Organic Hemp Hearts**

\$11⁹⁹

12 oz



**Barlean's
Lignan Flax Oil**

\$20⁹⁹

16 oz



**Rainbow Light
Gummy Vitamin C Slices**

\$9⁹⁹

90 ct



**Om
Lion's Mane**

\$17⁴⁹

100 g



**Bluebonnet Nutrition
Liquid Calcium
Magnesium Citrate**

\$13⁹⁹

16 oz



**Solgar
Vitamin D3 250 mcg**

\$10⁴⁹

120 sgel



**Natural Factors
Quercetin 500 mg**

\$19⁹⁹

60 vcap



**Gaia Herbs
Turmeric Supreme
Extra Strength**

\$18⁹⁹

60 vcap



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Lily of the Desert
Organic Aloe Vera Juice

\$5⁷⁹

32 oz



Lily of the Desert
Aloe Vera Gelly

\$6⁷⁹

12 oz



Lily of the Desert
Aloe Vera Gelly

\$3²⁹

4 oz



Our products contain aloe plants, grown organically from our own fields, that have been sustainably harvested by hand and then bottled in Texas for superior quality that is maintained during each step. Adding aloe into your daily health regimen can help support your digestion, immune health, nutrient absorption, and skin.

Bach
Rescue Pastilles

\$9⁹⁹

50 g



Boiron
Oscilloccinum

\$18⁹⁹

12 ct



Desert Essence
Dental Floss
(selected varieties)

\$2⁷⁹

50 yd



Dr. Bronner's
Organic Toothpaste

\$4⁴⁹

5 oz



Spectrum Essentials
Organic Coconut Oil

\$7⁴⁹

15 oz



Andalou Naturals
Age Defying Resveratrol
Q10 Night Repair Cream

\$18⁹⁹

1.7 oz



Herbatint
Permanent Hair Color Gel

\$12⁹⁹

4.56 oz



Seventh Generation
Dishwashing Liquid
(selected varieties)

\$3²⁹

19 oz



ECOS
Laundry Detergent

\$11⁹⁹

100 oz



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We are part of INFRA (Independent Natural Food Retailers Association), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.com.

FLORIDA

Abby's Health & Nutrition
Date & Thyme
Debbie's Health Foods
DeLand Natural Market
Diane's Natural Market
Food for Thought
Get Healthy
Grassroots Natural Market
The Green Apple Health Foods
Nassau Health Foods
Native Sun Natural Foods Market
Nature's Food Patch
Nutrition Smart
Nutrition World
Peggy's Natural Foods
Wright's Natural Market

GEORGIA

Brighter Day Natural Foods
Candler Park Market
Farmer's Natural Foods
Grant Park Market
Good Nutrition
Nature's Corner Market
Nature's Pick Market
Nuts 'n Berries Healthy Market
Westview Corner Grocery
NORTH CAROLINA
Apple Crate Natural Market
Food Matters Market
Harmony Farms Natural Foods
Living Well Down East
Lovey's Market
Nature's Own
Organic Marketplace
West Village Market & Deli

PUERTO RICO

Freshmart

SOUTH CAROLINA

14 Carrot Whole Foods
Bay Naturals
Belue Farms Natural Foods Market
Rosewood Market & Deli
Swamp Rabbit Cafe & Grocery