

Healthy Weight



FOOD FOR CATS For less active adult cats and senior cats trying to achieve and maintain an ideal body weight. Prepared in controlled batches at our family facility, this recipe is tastefully prepared with select proteins and wholesome ingredients. Enhanced with probiotics to aid digestion and salmon oil for a healthy coat.

DAILY FEEDING RECOMMENDATIONS

Current Weight		Weight Control		Weight Reduction	
Pounds (lb)	Kilograms (kg)	Cups* (c) of Food per Day	Grams (g) of Food per Day	Cups* (c) of Food per Day	Grams (g) of Food per Day
4	1.8	3/8	38	1/3	34
6	2.7	1/2	51	3/8	38
8	3.6	5/8	63	1/2	51
10	4.5	2/3	67	1/2	51
12	5.5	3/4	76	5/8	63
14	6.4	7/8	88	2/3	67
16	7.3	1	101	3/4	76
18	8.2	1	101	3/4	76
20	9.1	1 1/8	114	7/8	88
22	10	1 1/8	114	7/8	88
24	10.9	1 1/8	114	7/8	88
26	11.8	1 1/4	126	1	101
28	12.7	1 1/4	126	1	101
30	13.6	1 1/3	135	1	101

* Cup indicates standard 8 fl. oz. measuring cup

This chart provides a starting point for feeding your cat. Age, breed, weight, activity level, and other factors will affect the amount of food required. Based on your cat's individual needs, adjust your pet's daily intake up or down to help maintain a healthy body condition; to ensure your cat's good health, see your veterinarian regularly. Two to four times more food may be required for kittens, gestating cats, or nursing cats. Kittens weighing less than four pounds and/or younger than six weeks should be fed free choice. Spayed or neutered cats may require up to 25% less food. Always provide your cat with plenty of clean, fresh water. Visit frommfamily.com/feeding for additional feeding recommendations.

We're here to help!

✉ info@frommfamily.com
☎ 1-800-325-6331

Please contact us with your pet's breed, age, weight, activity level, spayed/neutered status, and any other special needs or concerns that you may have, and we would be happy to help you find a good starting point based on your pet's nutritional needs.