

DOG • HEARTLAND GOLD® • DRY

# Adult



**FOOD FOR DOGS** A grain-free red meat recipe for normally active adult dogs. Naturally formulated with beef, pork, and lamb. Enhanced with probiotics to aid digestion.

## DAILY FEEDING RECOMMENDATIONS

Ideal Weight		Less Active Adult		Active Adult	
Pounds (lb)	Kilograms (kg)	Cups* (c) of Food per Day	Grams (g) of Food per Day	Cups* (c) of Food per Day	Grams (g) of Food per Day
5	2.27	1/3	35	1/2	53
10	4.55	1/2	53	7/8	93
15	6.82	3/4	80	1 1/4	133
20	9.09	1	106	1 1/2	159
25	11.36	1 1/8	119	1 3/4	186
30	13.64	1 1/3	141	2	212
35	15.91	1 1/2	159	2 1/4	239
40	18.18	1 2/3	177	2 1/2	265
45	20.45	1 3/4	186	2 2/3	283
50	22.73	1 7/8	199	2 7/8	305
55	25	2	212	3 1/8	331
60	27.27	2 1/4	239	3 1/3	353
65	29.55	2 1/3	247	3 1/2	371
70	31.82	2 1/2	265	3 3/4	398
75	34.09	2 2/3	283	4	424
80	36.36	2 3/4	292	4 1/8	437
85	38.64	2 7/8	305	4 1/3	459
90	40.91	3	318	4 1/2	477
95	43.18	3 1/8	331	4 3/4	504
100	45.45	3 1/4	345	4 7/8	517

\* Cup indicates standard 8 fl. oz. measuring cup

This chart provides a starting point for feeding your dog. Age, breed, weight, activity level, and other factors will affect the amount of food required. Based on your dog's individual needs, adjust your pet's daily intake up or down to help maintain a healthy body condition; to ensure your dog's good health, see your veterinarian regularly. Two to four times more food may be required for puppies, gestating dogs, or nursing dogs. Spayed or neutered dogs may require up to 25% less food. Always provide your dog with plenty of clean, fresh water. Visit [frommfamily.com/feeding](http://frommfamily.com/feeding) for additional feeding recommendations.

*We're here to help!*

✉ [info@frommfamily.com](mailto:info@frommfamily.com)  
☎ 1-800-325-6331

Please contact us with your pet's breed, age, weight, activity level, spayed/neutered status, and any other special needs or concerns that you may have, and we would be happy to help you find a good starting point based on your pet's nutritional needs.