

# Whitefish & Potato Recipe



**FOOD FOR DOGS** A specially prepared entrée with whitefish, fish broth, sweet potatoes, potatoes, and an assortment of fruits and vegetables.

## DAILY FEEDING RECOMMENDATIONS

Ideal Weight		Less Active Adult		Active Adult	
Pounds (lb)	Kilograms (kg)	Cups* (c) of Food per Day	Grams (g) of Food per Day	Cups* (c) of Food per Day	Grams (g) of Food per Day
5	2.27	1/2	46	2/3	61
10	4.55	2/3	61	1	92
15	6.82	1	92	1 1/3	123
20	9.09	1 1/8	104	1 3/4	161
25	11.36	1 1/3	123	2	184
30	13.64	1 1/2	138	2 1/3	215
35	15.91	1 3/4	161	2 2/3	245
40	18.18	2	184	3	276
45	20.45	2 1/8	196	3 1/4	299
50	22.73	2 1/4	207	3 1/2	322
55	25	2 1/2	230	3 2/3	337
60	27.27	2 2/3	245	4	368
65	29.55	2 3/4	253	4 1/4	391
70	31.82	2 7/8	265	4 1/2	414
75	34.09	3	276	4 2/3	429
80	36.36	3 1/4	299	5	460
85	38.64	3 1/3	307	5 1/8	472
90	40.91	3 1/2	322	5 1/3	491
95	43.18	3 2/3	337	5 1/2	506
100	45.45	3 7/8	357	5 3/4	529

\* Cup indicates standard 8 fl. oz. measuring cup

This chart provides a starting point for feeding your dog. Age, breed, weight, activity level, and other factors will affect the amount of food required. Based on your dog's individual needs, adjust your pet's daily intake up or down to help maintain a healthy body condition; to ensure your dog's good health, see your veterinarian regularly. Two to four times more food may be required for puppies, gestating dogs, or nursing dogs. Spayed or neutered dogs may require up to 25% less food. Always provide your dog with plenty of clean, fresh water. Visit [frommfamily.com/feeding](http://frommfamily.com/feeding) for additional feeding recommendations.

*We're here to help!*

✉ [info@frommfamily.com](mailto:info@frommfamily.com)  
☎ 1-800-325-6331

Please contact us with your pet's breed, age, weight, activity level, spayed/neutered status, and any other special needs or concerns that you may have, and we would be happy to help you find a good starting point based on your pet's nutritional needs.