



Backpacking Light's 3CT Gear List

| Function | Item | | Weight |
|---------------------------|---|-----------|--------------|
| <i>Backpack Options</i> | | | |
| Aarn | Featherlite Freedom | 62-67lt | 1900 |
| | Peak Aspiration | 40-50lt | 1600 |
| Balance Pockets | Compact Bal Pockets R or S * | 5/6lt | 290 |
| | Sport S or R | 12lt | 388 |
| <i>Footwear</i> | | | |
| Shoes | Topo MT/Hydroventure * | | 400 |
| Sandals | Luna Mono * | | 150 |
| Hut Booties | Montane Prism Bootie | XS-XL | |
| <i>Technical Clothing</i> | | | |
| Insulation Jacket | Montane Prism Jacket * | | 418 |
| Rain Jacket | Montane Minimus Mountain* | | 250 |
| Rain Pant | Montane Minimus Pant* | | 150 |
| Tarp/Poncho | S2S 15d Nano Poncho * | | 145 |
| <i>Worn Clothes</i> | | | <i>grams</i> |
| Hat | Exofficio Bugs Away Hat | | 70 |
| Neck Scarf | Buff Head Scarf* | | 20 |
| Base Layer Top | Montane Primino Top* | | 97 |
| Socks | Smartwool PhD Ultra Light Hike (x2) * | | 120 |
| Undies | Exofficio Give'n'Go (x2) * | | 70 |
| Pants | Montane Pack Pants * | | 285 |
| <i>Recommended Gear</i> | | | |
| Sleeping Bag | Sea To Summit MICRO II | Reg/Lrg | 600 |
| Walking Poles | Black Diamond Z-poles* | 100-130cm | 265 |
| Headtorch | Petzl E+lite | | 26 |
| Water Carriage | Platypus "Platy Plus" Bottle (x2) * | 1+1lt | 52 |
| Travel Towel | Packtowl Personal * | Large | 115 |
| Tent/Shelter | Big Sky WISP | | 550 |
| Wash bag | Scrubba | | 145 |
| | LIGHTEST ESSENTIAL TOTAL approx. | | 4.5kg |
| | <i>Items included in the total(*)</i> | | |