



# Backpacking Light's Lightweight Camino Gear List



Function	Item		Weight
<i>Backpack Options</i>			
Aarn	<a href="#">Peak Aspiration</a>	40-50lt	1600
	<a href="#">Natural Exhilaration S or L *</a>	30-33lt	1300
Osprey	Levity ♂ and Lumina ♀	45lt	820
	<a href="#">Talon ♂ &amp; Tempest ♀</a>	30-44lt	1030
<i>Footwear</i>			
Shoes	<a href="#">Inov-8 Roclite 325</a>		500
	<a href="#">Topo MT/Hydroventure *</a>		400
Sandals	<a href="#">Luna Mono *</a>		150
Socks	Bridgedale Trail light		84
<i>Technical Clothing</i>			
Insulation Jacket	<a href="#">Montane Prism Jacket *</a>		418
Rain Jacket	<a href="#">Montane Minimus Mountain*</a>		250
Rain Pant	<a href="#">Montane Minimus Pant*</a>		150
Tarp/Poncho	<a href="#">S2S 15d Nano Poncho *</a>		145
Wind/Rain Jacket	<a href="#">Patagonia Houdini Jacket</a>		102
<i>Worn Clothes</i>			<i>grams</i>
	<a href="#">Sunday Afternoon Hat</a>		70
Neck Scarf	<a href="#">Buff Head Scarf</a>		20
Base Layer Top	<a href="#">Montane Primino Top*</a>		97
Socks	<a href="#">Smartwool PhD Ultra Light Hike (x2) *</a>		120
Undies	<a href="#">Exofficio Give'n'Go (x2) *</a>		70
Pants	<a href="#">Montane Pack Pants *</a>		285
<i>Recommended Gear</i>			
Sleeping Bag	<a href="#">Sea To Summit Traveller TR1*</a>	Reg/Lrg	390
Walking Poles	<a href="#">Black Diamond Z-poles*</a>	100-130cm	265
Headtorch	<a href="#">Petzl E+lite</a>		26
Water Carriage	<a href="#">Platypus "Platy Plus" Bottle (x2) *</a>	1+1lt	52
Travel Towel	<a href="#">Packtowl Personal *</a>	Large	115
Tent/Shelter	<a href="#">Big Sky WISP</a>		550
Wash bag	<a href="#">Scrubba</a>		145
S/B Liner	<a href="#">Sea To Summit Silk Liner Traveller</a>		145
	LIGHTEST ESSENTIAL TOTAL approx.		4.5kg
	<i>Items included in the total(*)</i>		

## OPTIONAL EXTRAS TO MAKE YOUR TRIP MORE PLEASANT

<a href="#">Osprey Airporter</a>	350
For traveling on the plane	
Osprey Stuff tote	100
When you need a bag for the markets	
<a href="#">Lok Sak Waterproof bag</a>	8g-20g
for warterproofing your phone, maps or other documents	
<a href="#">Sea to summit RFID wallet</a>	15
For protection against thief's	
<a href="#">Osprey Pack cover</a>	80
Good for dust and rain	
<a href="#">Osprey Hydration Reservoir</a>	160 empty
For a little extra water carriage	
<a href="#">Gear Aid Field Repair Kit</a>	<50
Incase of needed repairs on kit or clothing	