

HIKING SCAVENGER HUNT

Explore the magic and wonder of the woods by hunting for these items, high and low! Spot as many items on the list as you can and take photos of the things you find.

grass

a bird nest

a crawling bug

a flower

sign posts

a pattern in nature

a snail shell

a bud

Did you know...

Hiking encourages the body to release endorphins (aka happiness hormones)!

a mushroom

a colourful leaf

a bush with berries

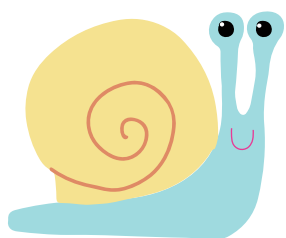
something yellow

a flying bug

smooth bark

a tree with flowers

a spider web



Hiking is all about slowing down and living in the present!



mth