BREAKFAST

TOAST Noisette sourdough served with Strawberry Jam, Vegemite, Peanut Butter or Nutella (Add \$1.0 for GF option)	7.0
FRUIT TOAST Noisette sourdough fruit loaf served with butter	7.0
CROISSANT Plain Butter & Jam Ham & Cheese	4.0 5.0 7.0
BANANA BREAD Housemade Banana Loaf toasted served with butter	8.0
MUFFIN OF THE DAY	4.0
BIRCHER MUESLI Rolled oats, apple, yoghurt, seasonal fresh berries	9.0
CHIA POT (v) Chia seeds, coconut yoghurt, granola, maple syrup seasonal fresh berries	6.0
PORRIDGE Creamy oats topped with mixed berries, honey, toasted almonds & toasted coconut	11.0
EGGS ON TOAST YOUR WAY Free Range Eggs Poached, Fried or Scrambled (Add \$1.0 for GF option)	10.0
SMASHED AVO Smashed Avocado with danish fetta served on sourdoug toast topped with rocket and a wedge of lemon + Poached Eggs (Add \$1.0 for GF option)	
peppers and a hint of chilli served on sourdough toast + Poached Eggs (Add \$1.0 for GF option)	3.0



MON TO SAT 7.00AM - 2.00PM

SUN CLOSED

THE HC&T Ham, tasty cheese & sliced tomato toastie	8.0
BREAKFAST BURRITO Herbed scrambled eggs with bacon & our house made tomato relish	10.0
EGG & BACON ROLL 2 Fried eggs and bacon with our house made tomato relish in a turkish bread roll	10.0
EXTRAS	
Tomato, Spinach, Sautéed Mushroom, Egg Avocado, Bacon, Fetta, Baked Beans Gluten Free Bread	3.0 4.0 1.0
LUNCH	
BAGUETTES, SANDWICHES, WRAPS, FRESH SALA LASAGNE, PASTRIES, SWEETS & TREATS ARE ALL AVAILABLE FROM THE DISPLAY FRIDGE (UNTIL SOLD OUT)	.DS
SMOOTHIES	
THE BERRY SMOOTHIE Acai Powder, Mixed Berries, Banana & Almond Milk	9.0
GREEN POWER SMOOTHIE Spinach, Super Greens Powder, Mango, Organic Orang Juice, lime Juice, Cucumber & Coconut Water	9.0 ge

THE CACAO SMOOTHIE 9.0 Cacao Nibs, Cacao Powder, Coconut Water, Vanilla, Banana & Almond Milk

FROSTY FRUIT SMOOTHIE Mango, Apricot, Mint, Organic Orange Juice & Coconut Water 9.0

HOT DRINKS

COFFEE

We exclusively use Coffee Supreme South Blend

CAPPUCCINO	4.0/5.0	
LATTE	4.0/5.0	
FLAT WHITE	4.0/5.0	
МОСНА	4.0/5.0	
ESPRESSO	3.5	
LONG BLACK	4.0	
MAGIC	4.5	
LONG MAC	4.0	
SHORT MAC	3.5	
CALMER SUTRA CHAI LATTE	4.5/5.5	
MATCHA LATTE	5.0	
HOT CHOCOLATE	4/5.0	
BONSOY	1.0	
MILKLAB ALMOND	1.0	
EXTRA SHOT	.50	
ТЕА	4.0	
Tea Drop English Breakfast, Earl Grey, Honeydew Green Peppermint or Chamomile	1,	

COLD DRINKS

ICED LATTE	4.0/5.0
ICED COFFEE	5.5
ICED CHOCOLATE	5.5
MILKSHAKES chocolate, strawberry, vanilla or caramel	6.0
SAN PELLEGRINO	3.5/7.5
КОМВИСНА	5.0
NOAHS JUICES	5.0
ASSORTED SOFT DRINKS	3.5
ASSORTED GATORADE	5.0

ASSORTED COLD DRINKS ALSO AVAILABLE IN THE FRIDGE

NEED CATERING? RUSH CAFE CAN PROVIDE CATERING FOR ALL TYPES OF EVENTS PLEASE ASK US FOR MORE INFO