

A photograph of three cyclists in blue jerseys and helmets riding bicycles. The cyclist in the foreground is wearing a black Rudy helmet and red sunglasses. The background is a blurred outdoor setting.

CACTUS CAMP 2022

FEBRUARY 23RD - 27TH

MOXIE MULTISPORT +
TORO PERFORMANCE



CACTUS
CAMP

HOSTED AT

CIVANA

CIVANA AT A GLANCE

Nestled in the Sonoran Desert, just outside of Scottsdale, AZ, CIVANA offers curated personal growth and discovery experiences, access to world-renowned wellness guides and healers, comfortable accommodations, delicious food and drinks, ample time to relax and recharge, optional adventures, and a surprise or two.

17+

WELLNESS
GUIDES

20+

ACRES OF LAND
TO ROAM &
EXPLORE

70+

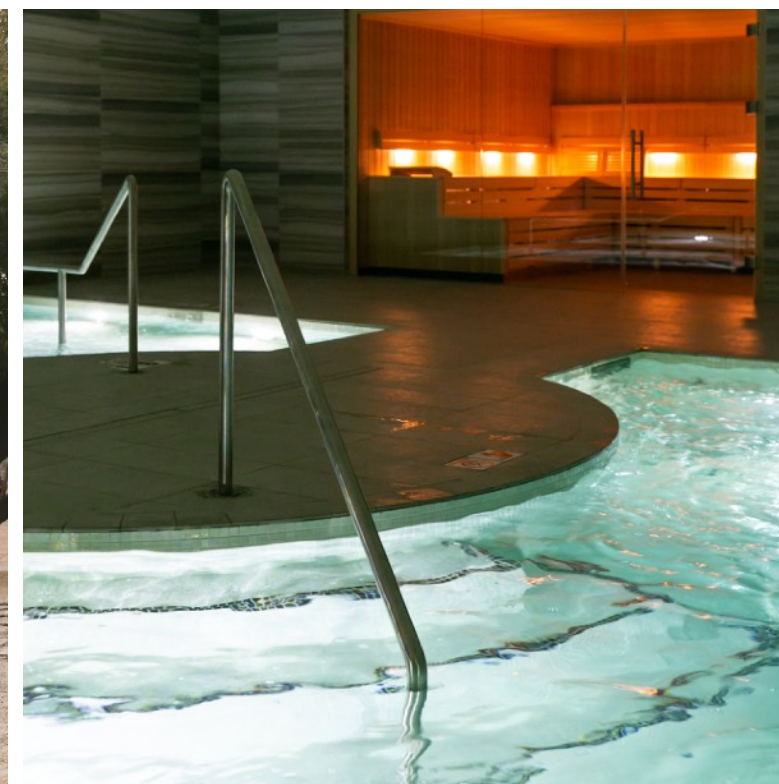
WEEKLY
INCLUDED
PROGRAMS

5

FITNESS &
MOVEMENT
STUDIOS

1

WORLD-CLASS
SPA



“

IT'S NOT THE WILL TO WIN
THAT MATTERS —
EVERYONE HAS THAT. IT'S
THE WILL TO PREPARE THAT
MATTERS.

- BEAR BRYANT

Hello Cactus Camp Athletes,

We are pleased to announce the official dates for the 2022 Cactus Camp on February 23rd-27th. This year's camp will be the most immersive camp experience to date. We've collected your feedback from previous years and are ready to deliver a new camp experience in 2022. The main consensus is the desire to enhance athlete camaraderie and interaction. The second most popular item was the accessibility to riding and running. This year camp will be hosted from the beautiful Civana Resort and Spa located in Carefree, AZ. This location is truly world class. Civana will provide a stunning setting for a group of your size with easy access to riding, road and trail running, and swimming in an onsite pool. After training you can relax and restore in their full-service spa then replenish with healthy cuisine led by Executive Chef Scott Winegard.

Eliminating the daily commute to swim, bike, run and eat will allow us more time together to share stories and insight that you can carry into this new season of racing. Cactus Camp is an opportunity to establish a precise strategy of growth to unlock your performance in the year ahead. And what better way to start the year than training hard with your team mates in the perfect desert oasis.

We secured set room rates to include a food package for this destination camp so the only thing you need to worry about is how far you want to ride and what time you booked your spa treatment. For those who book by Dec 13th, you will receive a \$100 spa credit. In the attachment you will learn more about the resort, our room rates, as well as a sample camp itinerary. We encourage athletes to invite your significant others as the resort is rated number 5 in the world by Condé Naste. We will have access to more than 10 free daily classes ranging from strength training to yoga which they can join as well. In regards to the current state of the world — Civana has proper protocols in place to ensure the safety of guests and staff alike.

See you in February!



HOW TO BOOK

Your accommodations include all taxes and fees. You will only leave a card at check-in for incidentals.

Room Options:

Single King - 4 nights
Double Queen - 4 Nights

Food Included:

Wednesday - Welcome Dinner
Thursday - Breakfast, Lunch and Dinner
Friday - Breakfast, Lunch and Dinner
Saturday - Breakfast, Lunch and Dinner(offsite)
Sunday - Breakfast / Departure

Totals:

Single King for Cactus Camp = \$3,900**
Double Occupancy for Cactus Camp = \$2,650 per person

**If you would like to bring a spouse/partner who is not participating in camp then it is \$750 to include them in the meal package.

All payments will be made to Moxie Multisport.

Email - moxiemultisport@gmail.com with your room request and we will follow up to take payment.

Refunds:

60 Days out from camp - 50% refund
59 days out from camp - 0% refund



COMFORTABLE ACCOMODATIONS

Surrounded by the calming energy of the desert mountains our rooms and suites offer a quiet reprieve and a chance to recharge. Clean lines, natural materials, and spacious layouts all with an outdoor balcony or patio.

AWARDS & RECOGNITION



EXPERIENCES

BRING YOUR SIGNIFICANT OTHER

- Coordinated use of The Spa lap pool for early-morning training
- 10% discount at The Spa on pre-booked, full-priced spa services over \$100.00, not to be combined with any other offer. Book by Dec 13th and receive an additional \$100 spa gift card.
- Complimentary wireless internet in guest-rooms, meeting space, and throughout the resort.
- Complimentary valet or self parking.
- FlowWater Natural Alkaline Spring Water Hydration Stations provided throughout the resort, to fill each guest’s welcome gift: a double-walled, stainless-steel CIVANA water bottle.
- Enjoyment of 2 saltwater pools, complimentary use of onsite athletic courts and equipment, nearby hiking, and complimentary mountain bike use on your own or with guides.
- Pre-register for complimentary access to 7-15 regularly-scheduled daily personal growth and discovery, fitness and movement, outdoor adventure, mindfulness, and culinary classes. Whether you are looking to tap into mindfulness by learning meditation or strengthening your core with one of CIVANA’s many yoga offerings, there is a class that is right for you. It’s all part of our holistic approach to total wellbeing.
- Classes vary by day, but following is a sample of those you may find during the Cactus Camp:

○ Spur Cross or Overton Hike – Guided off property	○ TRX Mix; Arms, Core
○ Morning Meditation	○ humanBEING
○ Total Body Barre, Mat Pilates	○ Rise & Ride – spin class
○ Yoga Sculp, Yoga Nidra, Aerial Yoga, Wall Yoga, Vinyasa Flow, Restorative Yoga, Yoga for Expanded Awareness and more	○ Hiking



SAMPLE AGENDA

PURPOSEFUL GETAWAYS

DAY 1 – WED

9 AM – 7 PM – Bicycle Tuning Area Set Up
Lone Mountain Overlook

4 PM – Guest Arrival / Get Settled
Early arrivals, enjoy resort at leisure

5 PM – *Optional* Daily Gratitude Ceremony available to all
guests

7-10 PM – Inspiring Human Connection - Happiness Hour
Group Welcome Reception & Dinner
Seed/Seed Patio

DAY 2/3/4 – THU/FRI/SAT

6 AM – 6 PM – Bicycle Tuning Area Set Up
Lone Mountain Overlook

6-8 AM – Individual Stroke Analysis
The Spa Pool

7:30-8:45 AM – Group Breakfast
Terras Dining Room

9-11 AM – OFF PROPERTY: Ride

11:30 AM – 12:15 PM – OFF PROPERTY: Run

12:30-2:30PM – Lunch and Clinic/Meeting
Terras Dining Room

2:30-6:30 PM – Group at Leisure

6:30-9:30 PM – Group Dinner and Discussion/Meeting
Seed/Seed Patio
Saturday will be OFFSITE**

DAY 5 - SUN

6 AM – 6 PM – Bicycle Tuning Area Set Up
Lone Mountain Overlook

6-8 AM – Individual Stroke Analysis
The Spa Pool

7:30-8:30 AM – Group Breakfast
Terras Dining Room

8:45-10:45 AM – OFF PROPERTY: Run

11 AM – Guestroom Departures

12-2 PM – Departure Lunch and Q&A
Mesquite

RESORT MAP

balance

MEDICINE WHEEL

Voice your intention from the center point for a magical secret to be released.

meditate

LABYRINTH

Experience walking meditation. Quiet the mind, open the heart and ground the body.

pause

THE ROSE GARDEN

A moment of bliss; blooming roses and wandering bunnies surround you at dawn and dusk.

NEW!

CIVANA ropes course coming soon.

discover

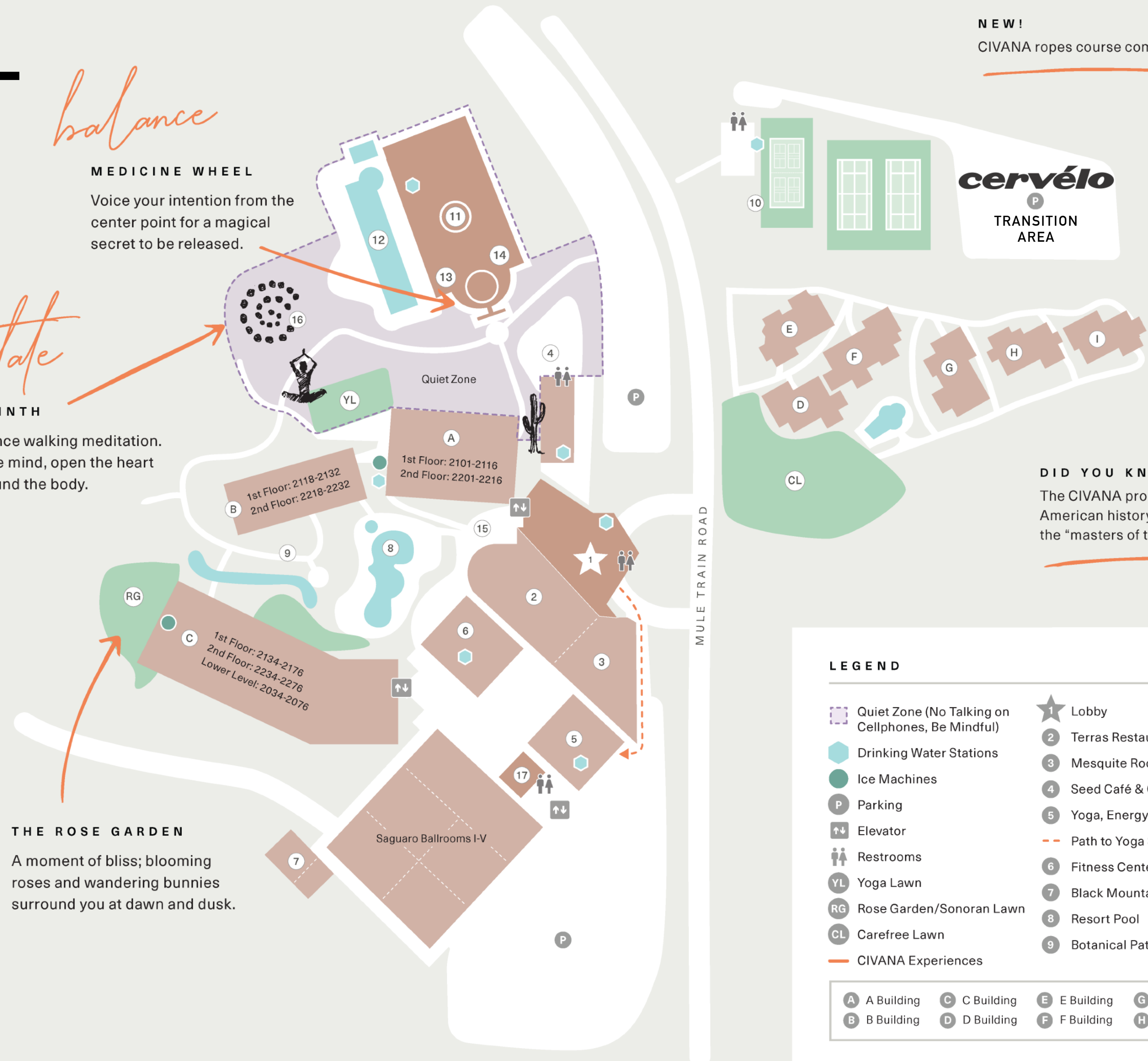
SAGUARO CACTUS

The defining plant of the Sonoran Desert; we have cacti over 100 years old and 10+ varieties.

DID YOU KNOW?

The CIVANA property has a deep Native American history from the Hohokam tribe, the "masters of the desert."

CIVANA



LEGEND

- Quiet Zone (No Talking on Cellphones, Be Mindful)
- Drinking Water Stations
- Ice Machines
- Parking
- Elevator
- Restrooms
- Yoga Lawn
- Rose Garden/Sonoran Lawn
- Carefree Lawn
- CIVANA Experiences
- Lobby
- Terras Restaurant, Bar & Lounge
- Mesquite Room
- Seed Café & Courtyard
- Yoga, Energy & Movement Studios
- Path to Yoga Studios From Lobby
- Fitness Center & Class Sign-Up
- Black Mountain Casita
- Resort Pool
- Botanical Path
- Tennis & Pickleball Courts
- The Spa & Aqua Therapy Circuit
- The Spa Pool
- The Boutique
- The Salon
- Sunset Terrace
- Labyrinth
- Executive Boardroom

- A Building
- B Building
- C Building
- D Building
- E Building
- F Building
- G Building
- H Building
- I Building

AIRPORT & TRANSPORTATION

Phoenix Sky Harbor International Airport (PHX) is located 34.5 miles from the property. Scottsdale Airport (SDL/SCF) is 17 miles from property and the local private airport SkyRanch at Carefree (18AZ) is .9 miles from property. We recommend using Uber or Lyft.



WANT TO KNOW MORE?

QUICK LINKS

- [CIVANA Website](#)
- [Accommodations](#)
- [Class Schedule](#)
- [CIVANA Experience Guide: Classes, Private Sessions & Spa Menu](#)
- [The Spa & Aqua Therapy Circuit at The Spa](#)
- [Dining Options & Restaurant Menus](#)
- [Catering & Banquet Menu](#)
- [Group Gatherings & Meetings](#)
- [Meeting & Event Space Floor Plan / Capacity](#)
- [Photo Gallery](#)
- [Area Attractions & Local Activities](#)
- [Resort Policies & FAQ](#)
- [Travel Agent Inquiries](#)
- [Resort Map](#)

