



# Equipment

Interested in gear? Every camper gets 15% at our store, Alpenglou Adventure Sports!

- Daypack – appx 30L
- Duffle bag for rest of supplies
- 20 – 30 degree sleeping bag \*
- 72" x 24" ground pad or inflatable pad such as ThermaRest\*
- Backpacking camp chair (optional)
- 2 one-liter water bottles
- Hiking shoes and Shoes you can get wet
- Closed toe, sturdy camp shoes (Croc's work)
- Insulating base layer of clothing
- Insulating middle layer of clothing such as fleece or wool
- Lightweight, loose fitting long pants that dry quickly
- 2-3 pairs of socks
- Warm socks (wool)
- Underwear (amount at your discretion)
- Hat
- Shorts
- 2 tee shirts
- Rain jacket
- Swimsuit
- Towel
- Headlamp
- Journaling supplies (optional)
- Sunscreen / lip balm
- Insect repellent
- Unbreakable cup, bowl, spoon and fork
- Toilet kit (toothbrush, comb, etc)
- Camera (optional) \* Don't have gear? No problem! We offer rentals

Multisport Adventure