

## Equipment

- Day pack appx 30L (1800 ci)
- Small approx 10L multi-pitch pack (optional)
- Backpack or duffel bag large enough to hold all your gear
- 20 30 degree sleeping bag \*
- 72" x 24" ground pad or inflatable pad such as ThermaRest \*
- Crazy Creek camp chair (optional)
- 2 one-liter water bottles
- Hiking shoes or sturdy sneakers
- Insulating inner layer of clothing such as polypropylene
- Insulating middle layer of clothing such as fleece or wool
- Lightweight, loose fitting long pants that dry quickly
- 2-3 pairs of socks
- Warm socks (wool)
- Underwear (amount at your discretion)
- Hat
- Shorts
- 2 tee shirts
- Rain jacket and pants
- Towel
- Headlamp or flashlight
- Journaling supplies (optional)
- Sunscreen / lip balm
- Insect repellent
- Unbreakable cup, bowl, spoon and fork
- Toilet kit (toothbrush, comb, etc)
- Camera (optional)

Interested in gear? Every camper gets 15% at our store, Alpenglow Adventure Sports!

## Climbing Gear

- Climbing Shoes \*
- Climbing Harness \*
- Belay Plate / Locking Carabiner \*
- Chalkbag \*
- Traditional Gear (optional)
- Draws (optional)

## ROCKPro IV

\* Don't have gear? No problem! We offer rentals