



CAMPS / CLINICS / CONSULTING

FOR TEAMS AND INDIVIDUALS

AT NORDIC TEAM SOLUTIONS,

We are a cross-country ski training and consulting company helmed by professional Nordic skier and Olympian, Andy Newell. We work with teams and individuals to suit their training and race preparation needs.

WE WORK WITH NCAA TEAMS

Fully insured, US Ski and Snowboard Coaches certified, First Aid Certified, and SafeSport trained we work with anyone from **Ski Clubs** to **National Teams**. Training planning, strength, mental training, team building, Nordic Team Solutions will help you or your team stay current in your approach and execution.



Andy Newell, Head Coach at Nordic Team Solutions

ONE FREE MONTH OF ONLINE MEMBERSHIP

Nordic Team Solutions is an online ski training resource provided by 4x Olympian Andy Newell. Members gain access to an extensive online catalog of technique videos and articles by NTS contributors. NTS posts weekly training plans, interval recommendations, technique analysis, and periodized strength plans.

EDUCATE / INSPIRE / EXECUTE

To redeem your one-month trial contact:
contact@nordicteamsolutions.com