



## Technical care sheet

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Phone number: (514) 593-5538

### Bearded dragon

#### **Classification**

**Order :** Squamata  
**Family :** Agamidae  
**Genera :** Pogona  
**Species :** *Pogona vitticeps*

#### **Description**

**Adult length :** 18-24'' (45-61cm)  
**Adult weight :** 283-511g  
**Lifespan :** 10-15 years  
**Time of activity :** Diurnal

#### **Climatic parameters**

**Basking temperature :** 33-38 degrees Celsius  
**Average temperature :** 28-30 degrees Celsius  
**Cold side temperature :** 26 degrees Celsius  
**Night temperature :** 23-25 degrees Celsius  
**Humidity :** 30-60%

#### **Terrarium**

**Size :** Adult minimum : 48\*18\*24''  
Adult ideal : 60\*24\*24''

**Substrate :** 50% sand, 30% organic earth, 20% clay  
(Zoomed excavator clay)  
or  
70% sand 30% organic earth



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### Lights

**Heating :** Incandescent heat bulb or halogen heat bulb

**UVB :** UVB 10.0 T5HO Zoomed (if basking between 10-12" from UVB bulb)

UVB 12% Arcadia T5 (if basking between 9-12")

UVB 14% Arcadia T5 (if basking between 10-13")

### Feeding

**Type :** Omnivore

- **Insects :** Criquets, black soldier fly larvae, wax worm, goliath worm, silk worm, canned snail, canned roaches.

- **Daily greens :** Bok choy, cactus pads, collard greens, Mustard leaves, spring mix, kale, chicory, rocket, pea shoots, watercress

- **Occasional greens :** Asparagus, Basil, Beet leaves, Bell pepper, Cilantro, Carrot greens, Carrot (grated raw), Dandelion greens/flowers, Lemongrass, Rosemary, Zucchini... and more.

- **Poison :** Avocado, mushrooms, Onion

- **Fruits :** Banana, mango, Melon, Berries, Grapes, Papaya, Peaches. Apples.

**Veggies proportions :** 90% greens, 10% fruits

**0-6 months old :** 60-80% proteins, 20-40% veggies  
Insects daily

**6-12 months old :** 50-60% proteins, 40-50% veggies  
Insects every other day

**12 months old plus :** 20-30% proteins, 70-80% veggies  
Insects 2-3 times a week



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**Supplements :** -Calcium : On every insects meal.

- Multivitamins : Once a week.

**Hydration :** Water bowl available at all times. Spray lightly in the morning and evening for 0-6 months old lizard. 1X/day for 6-12 months old. 1X/week for 12 months plus. Spray veggies if dragon seem dehydrated. You can also soak the dragon in water if dehydrated or constipated and give more goliath or silk worm.

### ***Cohabitation***

Cohabitation is not recommended for bearded dragons. Individuals may be territorial and males will fight each other. Even females can fight with other females or males. While cohabitation is not impossible, we strongly discourage cohabitation if you don't have a lot of experience with this species.

### ***Manipulation***

Manipulation is normally easy. Just be carefull with young individuals so they don't fall off your hand as they have difficulty with depth perception.