

March 2020 Classes & Workshops

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Family Yoga 9-9:45am Prenatal Yoga 10-11am Essential oils/ Yoga class 2-3:30pm	Crawlers Yoga 10-10:45am Babies @ Play Class 6 of 6 Level 2, 2pm	Prenatal Yoga with Maggie class 2 of 6 9:45am-10:45am Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm Babywearing Tuesdays Free class 2-3pm	Rainbow Songs 7 of 8 0-1 year 11:45am Prenatal Yoga 6:15pm Restorative Yoga 8-9pm	Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm	Postnatal Yoga 11-12pm Baby Sign Language 1-1:45pm 6 of 6	Prenatal Yoga 10-11am
8	9	10	11	12	13	14
Family Yoga 9-9:45am Prenatal Yoga 10-11am FREE Mandarin for Baby 11:30am TRIAL CLASS!	Crawlers Yoga 10-10:45am	Prenatal Yoga with Maggie class 3 of 6 9:45am-10:45am Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm Babywearing Tuesdays Free class 2-3pm	Rainbow Songs 8 of 8 0-1 year 11:45am Prenatal Yoga 6:15pm Restorative Yoga 8-9pp	Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm	Postnatal Yoga 11-12pm	Prenatal Yoga 10-11am
15	16	17	18	19	20	21
Family Yoga 9-9:45am Prenatal Yoga 10-11am Mandarin for Baby 11:30am 1 of 4	Crawlers Yoga 10-10:45am	Prenatal Yoga with Maggie class 4 of 6 9:45am-10:45am Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm Babywearing Tuesdays Free class 2-3pm	Prenatal Yoga 6:15pm Restorative Yoga 8-9pm	Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm	Postnatal Yoga 11-12pm	Prenatal Yoga 10-11am
22	23	24	25	26	27	28
Family Yoga 9-9:45am Prenatal Yoga 10-11am Mandarin for Baby 11:30am 2 of 4 CPR 2-4pm	Crawlers Yoga 10-10:45am Babies at Play Class 1 of 6 Lvl 1, 1-2pm Lvl 2, 2-3pm	Prenatal Yoga with Maggie class 5 of 6 9:45am-10:45am Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm Babywearing Tuesdays Free class 2-3pm	Rainbow Songs 1 of 14 10:15 am 1-2 years 11am 2-4 years 11:45am Babies 0-1 Prenatal Yoga 6:15pm Restorative Yoga 8-9pm	Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm	Postnatal Yoga 11-12pm	Prenatal Yoga 10-11am
29	30	31				
Family Yoga 9-9:45am Prenatal Yoga 10-11am Mandarin for Baby 11:30am 3 of 4	Crawlers Yoga 10-10:45am Babies at Play Class 2 of 6 Lvl 1, 1-2pm Lvl 2, 2-3pm	Prenatal Yoga with Maggie class 6 of 6 9:45am-10:45am Postnatal Yoga 11-12pm Crawlers Yoga 12:15-1pm Babywearing Tuesdays Free class 2-3pm				