# February 2020 Classes & Workshops

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | | | | **1** |
| | | | | | | **Prenatal Yoga 10-11am** |
| **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **Family Yoga 9-9:45am** <br> **Prenatal Yoga 10-11am** <br> **Baby Mandarin 11:30am Class 2 of 4** | **Crawlers Yoga 10-10:45am** <br> **Babies @ Play Class 3 of 6 Level 2, 2pm** | **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** <br> **Babywearing Tuesdays FREE class 2-3pm** | **Rainbow Songs 3 of 8 0-1 year 11:45am** <br> **Prenatal Yoga 6:15pm** <br> **Restorative Yoga 8-9pm** | **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** <br> **Face Yoga Workshop 6:30-8pm** | **Postnatal Yoga 11-12pm** <br> **Baby Sign Language 1-1:45pm 3 of 6** | **Prenatal Yoga 10-11am** |
| **9** | **10** | **11** | **12** | **13** | **14** | **15** |
| **Family Yoga 9-9:45am** <br> **Prenatal Yoga 10-11am** <br> **Baby Mandarin 11:30am Class 3 of 4** | **Crawlers Yoga 10-10:45am** <br> **Babies @ Play Class 4 of 6 Level 2, 2pm** | **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** <br> **Babywearing Tuesdays FREE class 2-3pm** | **Rainbow Songs 4 of 8 0-1 year 11:45am** <br> **Prenatal Yoga 6:15pm** <br> **Restorative Yoga 8-9pm** | **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** | **SHOP OPEN NO CLASSES** | **SHOP OPEN NO CLASSES** |
| **16** | **17** | **18** | **19** | **20** | **21** | **22** |
| **SHOP CLOSED** No drop-in classes <br> **FAMILY DAY YOGA 10:30-11:30am** | **SHOP CLOSED NO CLASSES** | **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** <br> **Babywearing Tuesdays FREE class 2-3pm** | **Rainbow Songs 5 of 8 0-1 year 11:45am** <br> **Prenatal Yoga 6:15pm** <br> **Restorative Yoga 8-9pm** | **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** <br> **CPR 6:30-8:30pm** | **Postnatal Yoga 11-12pm** <br> **Baby Sign Language 1-1:45pm 4 of 6** | **Prenatal Yoga 10-11am** |
| **23** | **24** | **25** | **26** | **27** | **28** | **29** |
| **Family Yoga 9-9:45am** <br> **Prenatal Yoga 10-11am** <br> **Baby Mandarin 11:30am Class 4 of 4** <br> **CPR 6-8pm** | **Crawlers Yoga 10-10:45am** <br> **Babies @ Play Class 5 of 6 Level 2, 2pm** | **Prenatal Yoga with Maggie class 1 of 6 9:45am-10-:45am** <br> **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** <br> **Babywearing Tuesdays FREE class 2-3pm** | **Rainbow Songs 6 of 8 0-1 year 11:45am** <br> **Prenatal Yoga 6:15pm** <br> **Restorative Yoga 8-9pm** | **Postnatal Yoga 11-12pm** <br> **Crawlers Yoga 12:15-1pm** | **Postnatal Yoga 11-12pm** <br> **Baby Sign Language 1-1:45pm 5 of 6** | **Prenatal Yoga 10-11am** |